Pulpitis: etiology, pathogeny and classifications. Pathomorphology of acute and chronic forms of pulpitis.

Symptomatology of pulpitis.

Description and mechanism of pain syndrome origin. Clinic, diagnostics of acute forms of pulpitis.

## Introduction

 Endodontics is the specialty of dentistry that manages the prevention, diagnosis, and treatment of the dental pulp and the periradicular tissues that surround the root of the tooth



## **Causes of Pulpitis**

#### Physical irritation

Most generally brought on by extensive decay.

#### 2. Trauma

Blow to a tooth or the jaw



#### 3. Anachoresis

- retrograde infections





## **Signs and Symptoms**

- Pain when biting down
- Pain when chewing
- Sensitivity with hot or cold beverages
- Facial swelling
- Discolouration of the tooth



## **Endodontic Diagnosis**

- Subjective examination
  - Chief complaint
  - Character and duration of pain
  - Painful stimuli
  - Sensitivity to biting and pressure
  - Discolouration of tooth



## Important questions?

- What do you think the problem is?
- Does it hurt to hot or cold?
- Does it hurt when you're chewing?
- When does it start hurting?
- How bad is the pain?
- What type of pain is it?
- How long does the pain last?
- Does anything relieve it?
- How long has it been hurting?

#### Objective examination

- Extent of decay
- Periodontal conditions surrounding the tooth in question
- Presence of an extensive restoration
- Tooth mobility
- Swelling or discoloration
- Pulp exposure



## Challenges in diagnosis of pulpitis

- Referred pain & the lack of proprioceptors in the pulp | localizing the problem to the correct tooth can often be a considerable diagnostic challenge
- Also of significance is the difficulty in relating the clinical status of a tooth to histopathology of the pulp in concern
- Unfortunately, no reliable symptoms or tests consistently correlate the two.

## **Diagnostic Tests**

- Percussion
- Palpation
- Thermal
- Electrical
- Radiographs



## 1. Percussion tests

- Used to determine whether the inflammatory process has extended into the periapical tissues
- Completed by the dentist tapping on the incisal or occlusal surface of the tooth in question with the end of the mouth mirror handle held parallel to the long axis of the tooth

## 2. Palpation tests

- Used to determine whether the inflammatory process has extended into the periapical tissues
- The dentist applies firm pressure to the mucosa above the apex of the root





## 3. Thermal sensitivity

Necrotic pulp will <u>not</u> respond to cold or hot

#### Cold test

 Ice, dry ice, or ethyl chloride used to determine the response of a tooth to cold

#### Heat test

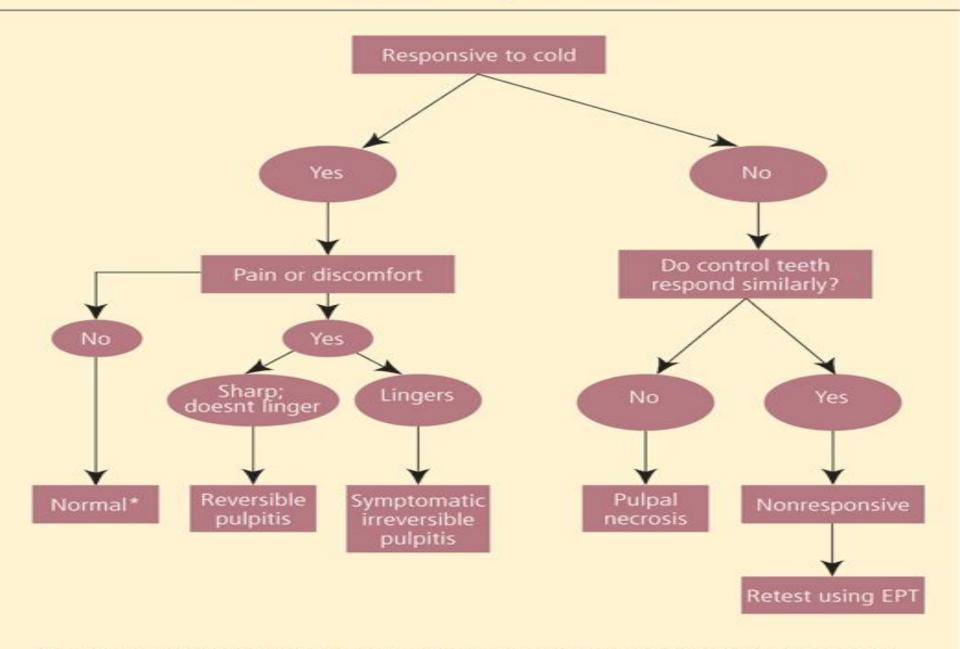
 Piece of gutta-percha or instrument handle heated and applied to the facial surface of the tooth

#### Evaluation of thermal test results

#### 4 distinct responses:

- No response non-vital pulp or false negative
- 1. Mild response <u>normal</u>
- 1. Strong but brief reversible
- Strong but lingering irreversible

Chart 1. A pulpal diagnosis flowchart.



Consider asymptomatic irreversible pulpitis if response is normal but inflammation produced by caries (excavation, trauma, and so forth) is present

# Causes of false positives/negative

- 1. Calcified canals
- Immature apex usually seen in young patients
- 3. Trauma
- 4. Premedication of the patient pulp sedated

## 4. Electric pulp testing

# Delivers a small electrical stimulus to the pulp

#### Factors that may influence readings:

- Teeth with extensive restorations
- Teeth with more than one canal
- Dying pulp can produce a variety of responses
- Moisture on the tooth during testing
- Batteries in the tester may be weak

#### Placement of a pulp tester.



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## 5. Radiographs

#### 1. Pre-operative radiograph

- Invaluable diagnostic tool
- Periapical radiolucency
- Widening of PDL
- Deep caries
- Resorption
- Pulp stones
- Large restorations
- Root fractures



## Requirements of Endodontic Films

- Show 4-5 mm beyond the apex of the tooth and the surrounding bone or pathologic condition.
- Present an accurate image of the tooth without elongation or fore-shortening.
- Exhibit good contrast so all pertinent structures are readily identifiable.



ality radiograph in endodontics.



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## **Diagnostic Conclusions**

- 1. Normal pulp
- 1. Pulpitis

## Normal pulp

There are no subjective symptoms or objective signs. The pulp responds normally to sensory stimuli, and a healthy layer of dentine surrounds the pulp



## **Pulpitis**

The pulp tissues have become inflamed

#### Can be either:

#### Acute

- inflammation of the periapical area
- usually quite painful

#### Chronic

- Continuation of acute stage or
- low grade infection



## Acute Pulpitis

- mainly occurs in children teeth and adolescent
- pain is more pronounced than in chronic



# Symptoms and Signs of acute pulpitis

- The pain not localized in the affected tooth is constant and throbbing worse by reclining or lying down
- The tooth becomes painful with hot or cold stimuli
- The pain may be sharp and stabbing
- Change of color is obvious in the affected tooth
- swelling of the gum or face in the area of the affected tooth









## Forms of acute pulpitis

- 1. Form of purulent acute where the pulp is totally inflammed
- 2. Form of gangrenous acute where the pulp begins to die in a less painful manner that can lead into the

formation of an abscess

## Chronic Pulpitis

- 1. Reversible
- 2. Irreversible

## Reversible pulpitis

- The pulp is irritated, and the patient is experiencing pain to thermal stimuli
- Sharp shooting pain
- Duration of the pain episode lasts for seconds
- The tooth pulp can be saved
- Usually this condition is caused by average caries

## Irreversible pulpitis

- The tooth will display symptoms of lingering pain
- pain occurs spontaneously or lingers minutes after the stimulus is removed
- patient may have difficulty locating the tooth from which the pain originates
- As infection develops and extends through the apical foramen, the tooth becomes exquisitely sensitive to pressure and percussion
- A periapical abscess elevates the tooth from its socket and feels "high" when the patient bites down

#### Periradicular abscess

An inflammatory reaction to pulpal infection that can be chronic or have rapid onset with pain, tenderness of the tooth to palpation and percussion, pus formation, and swelling of the tissues.

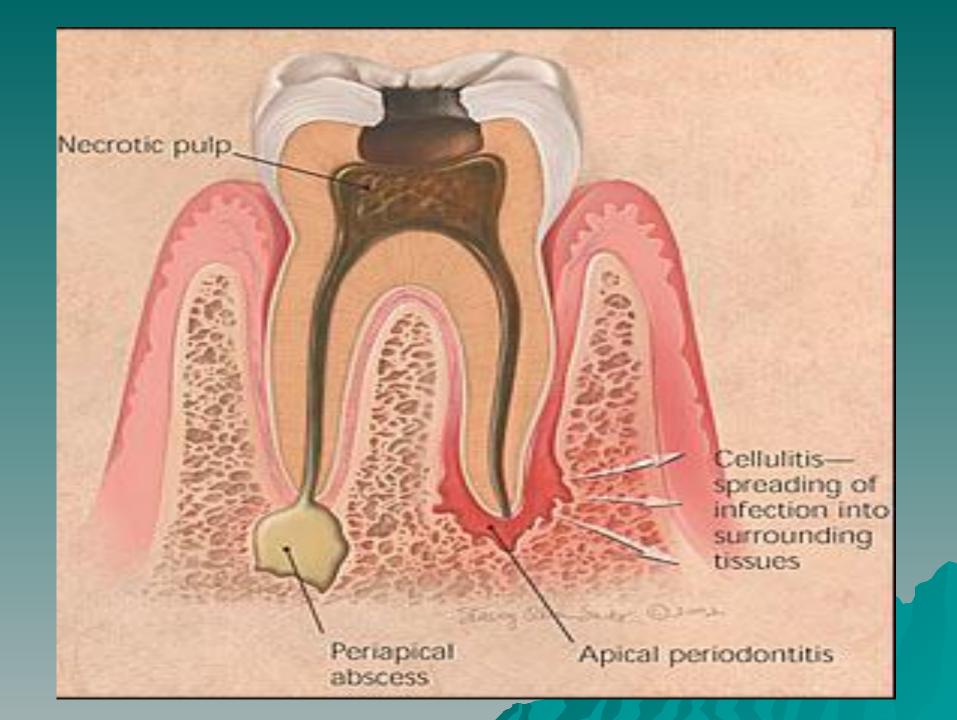




### Periodontal abscess

 An inflammatory reaction frequently caused by bacteria entrapped in the periodontal sulcus for a long time. A patient will experience rapid onset, pain, tenderness to palpation and percussion, pus formation, and swelling.

Destruction of the periodontium occurs



## Periradicular cyst

A cyst that develops at or near the root of a necrotic pulp. These types of cysts develop as an inflammatory response to pulpal infection and necrosis of the pulp



## Pulp fibrosis

The decrease of living cells within the pulp causing fibrous tissue to take over the pulpal canal

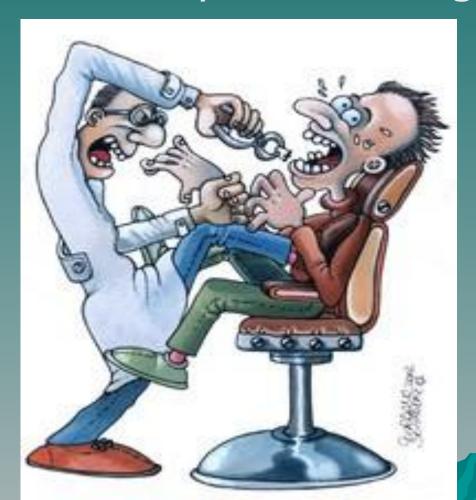
#### Necrotic tooth

- Also referred to as non-vital. Used to describe a pulp that does not respond to sensory stimulus
- Tooth is usually discoloured



## **Plan of Treatment**

Depends widely on the diagnosis



## Simple plan of treatment

#### Visit 1:

- Medical history
- History of the tooth
- Access cavity
- Place rubberdam
- Extirpation + irrigation with sodium hypochlorite
- Placed intra-canal medication (calcium hydroxide)
- Place cotton pellet
- Placed temporary restoration (IRM/Kalzinol)

#### Visit 2:

- Working length determination
- Debridement using the hybrid technique
- Irrigation
- Placed intra-canal medication (calcium hydroxide)
- Place cotton pellet
- Placed temporary restoration (IRM/Kalzinol)



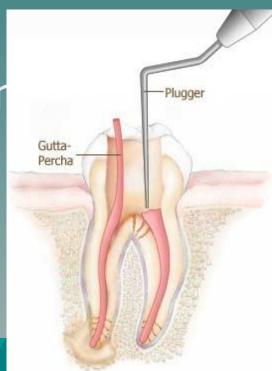
#### Visit 3:

Obturation with GP using lateral condensation



Temporary filling

Root canals filled with gutta-percha and adhesive cement ry/permaner M/Kalzinol)



## Referral

To appropriate discipline



## Remember

- Access cavity shapes:
- Anterior inverted triangle
- Premolars round
- Molars rhomboid
- Always use rubberdam
- Never to use Cavit as a temporary restoration
- Always place an intra-canal medication....calcium hydroxide!!!
- Always use RC Prep or Glyde when filing

## Contraindications for RCT

- Caries extending beyond bone level
- Rubberdam cannot be placed
- Crown of tooth cannot be restored in restorative dentistry nor prosthodontics
- Patient is physically/mentally handicapped and therefore cannot follow OH instructions
- Putrid OH
- Unmotivated patient
- Severe root resorption
- Vertical root fractures
- Cost factor

# Inter & cross-departmental diagnosis

- Mobile teeth
- Teeth associated with severe periodontal problems
- Confusion between TMJ dysfunctional symptoms and RCT pain
- Many decayed teeth
- Sclerosed canal due to trauma
- Uncertainty of prognosis related to abscess, severe caries, facial swelling, cellulites, and medical condition of patient

## Referral to post-grad clinics

- Extensive internal or external root resorption
- Severely curved, narrow, tortuous canals
- Full-mouth rehabilitation required
- Multiple exposures due to attrition/abrasion
- Problems with occlusion causing the need for RCT