



Top National Dishes



England-*Roast Beef and Yorkshire Pudding*

- A lot of English family have a Roast dinner on Sunday. A roast dinner consists of roasted meat (usually beef, lamb, or chicken) accompanied with a variety of vegetables, roasted potatoes, and a homemade Yorkshire pudding (which is pancake).



USA – Hamburger



- A good pound of beef topped with cheese, bacon, pickles, onion, lettuce and tomatoes means YUM. The sign of a good burger is that it is stacked so high it won't fit in your mouth.



Greece – Souvlaki

- This is to the Greeks like what burgers are to the Americans, fast food on a stick! Souvlaki is basically grilled meat on a skewer that has been marinated in a citrus and herb marinade and then thrown on a flame grill to give it a rich smoky flavor.



Italy-Lasagna, Pizza, Polenta

- Flat pasta randomly distributed in layers with ground beef (or other meats), cheese, and tomato sauce, and baked in an oven.
- Flat round bread topped with tomato sauce, cheese, and various meat/vegetarian/seafood toppings, and baked in an oven.
- Polenta
Cornmeal porridge - eaten plain or fried/grilled.



France (Crêpe)



- Thin wheat or buckwheat flour batter pancakes. Sweet fillings include chocolate sauce, jelly, preserves, spreads, or whipped cream, while savory fillings include ham, sausage, cheese, and mushroom.



Ukraine (Borsch) and vareniki

- Beetroot soup with a pork or beef broth base.
- Boiled dumplings stuffed with potato, cheese, or other filling and lazy ones.



Russia (Pelmeni)

- Dumplings with a 45% beef, 35% mutton, and 20% pork filling. The filling is seasoned with salt and pepper, while mushrooms and onions can be optionally added.



China (Peking Duck)

- Maltose syrup glazed-duck is roasted in an oven till it turns brown. While the skin is served dipped in sugar-garlic sauce, the meat is served with sweet bean sauce, spring onions, and pancakes. Cucumber sticks are additional accompaniments.



Germany (Sauerbraten)

- Beef braised in its own marinade and simmered in a pot for several hours. The marinade typically consists of red wine vinegar, cloves, nutmeg, peppercorns, cinnamon, ginger, and juniper berries. Potato dumplings and red cabbage are popular accompaniments.

