

### Connect the words correctly

Track and field events
Boating
Weight lifting
Mountaineering
Hurdle races
Paralympics

тяжёлая атлетика альпинизм бег с препятствиями игры для инвалидов гребля на лодках лёгкая атлетика





























### Find as many words as possible.

m	0	u	n	t	a	i	n	е	е	r	i	n	g
0	t	r	a	m	p	0		i	n	i	n	g	p
	t	С	S	t	a	d	i	u	m	0	j	f	0
У	0	h	t	b	r	е	С	0	r	d	u	i	t
m	m	е	a	е	a	b	0	W		u	r	n	h
p	0	m	r	1		r	h	k	0	j	У	i	0
i	g	p	t	d	У	u		0	S	е	f	S	1
С	b	i	V	r	m	d	0	W	d	j	m	h	i
d	g	0	g	u	р	е	S	i	а	С	h	е	n



- A lot of people never exercise. They often eat the wrong food as well. These people become unhealthy.
- In our family all of us are careful about our food and exercise a lot. My dad and brother run five kilometres every day. They are very healthy. They like swimming and running. My father doesn't drink any alcohol and he never smokes. My mum and I do aerobics at the weekend. I always eat some fruit for breakfast: an apple and an orange. I eat a lot of vegetables, but I never eat any sugar. It's very bad for teeth.
- My brother does a lot of sports: swimming, cycling, yoga and jogging. He likes swimming, because it is good for the back. Cycling is good for the legs, and it's relaxing. Yoga is good for breathing. It's also very relaxing.
- Jogging is good for losing weight, and also very good for breathing. It's very good for the heart, too. Tennis is fun, and very exciting. It's very good for arms and legs. I like it a lot.

### Answer the following questions.

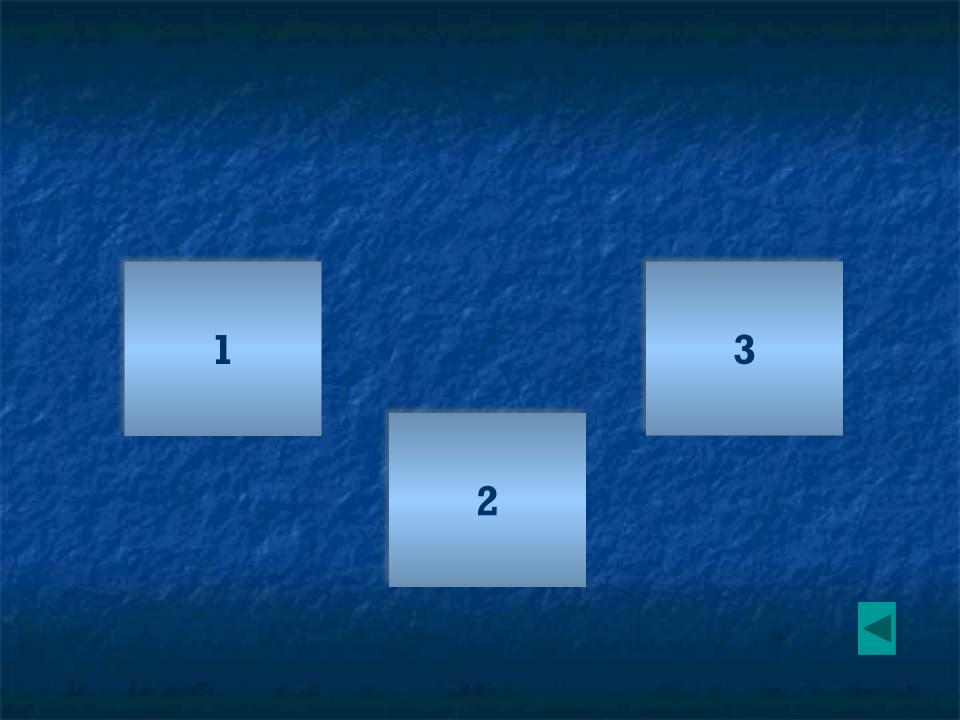
- 1.What do the father and the brother do every morning?
- 2. How do the daughter and the mother keep fit?
- 3. What sports does the brother go in for?
- 4. What is yoga good for?
- 5. What is jogging good for?
- 6.The father smokes and drinks alcohol, doesn't he?



# Cuess which kind of sport is described?

- 1. This kind of games is for people with a physical disability.
- 2. In this kind of sport the sportsman jumps up and down on a sheet of material.
- 3. It is a kind of football game, where players can handle a ball.
- 4. This game is called an English football.
- 5. This game is played at the dark green table with a small sort of a ball by two or four people.





### Paccкажите, что вы знаете о Present Perfect Passive

Для чего он употребляется? Какое время в русском языке передаёт? Какая его формула? Какие вспомогательные слова при нём существуют? Проверьте себя.

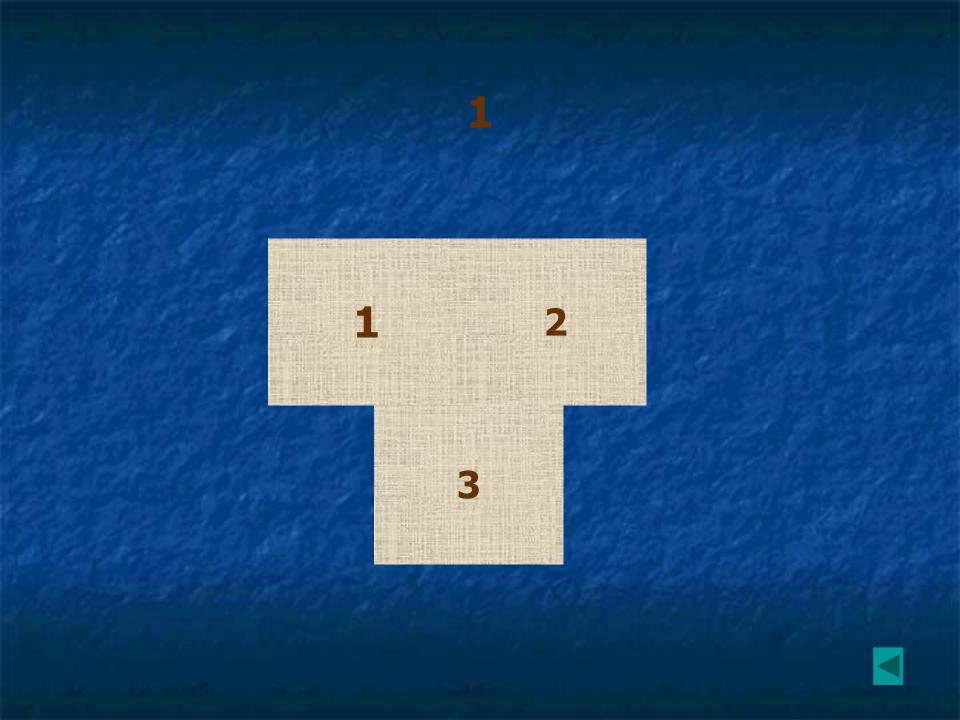
- 1. Present Perfect Passive служит для передачи действия, которое совершается над чем-то или кем-то с прошлого и по настоящий момент.
- 2. В русском языке передаёт настоящее время.
- 3. Have/has been +V<sub>3</sub>
- 4. since -c; for-в течение.
- 5. English has been learned since the 5<sup>th</sup> form.

# DO THE GAME 2 W

- 1). Our team hasn't won the game ... 2 weeks.
- a). for b). since c). in
- 2). He has been working ...5 o'clock
- a). Since b). for c). -
- 3). I haven't heard from him ... a long time.
- a). Since b). For c). In
- 4). The books ... to the library today.
- a). Have been return b). have been returned c). has been returned
- 5). ...the Rider Cup... since 1877?
- a). Has been...held b). Has...been held c).
  Did... have been held

## **Correct mistakes**

- 1. The Football Association has held the FA Cup competitions for the middle of the 19<sup>th</sup> century.
- 2. Running competitions has been held since ancient times.
- 3. Since when time has the Rider Cup been held?
- 4. The standard game (Rugby Union) has played by teams of 15.
- 5. The Tour de France cycling race has been held for 1926.



### New Words and Expressions

competitor [kəm'petitə] — one that takes part in any competition (running, jumping, etc.)

to change into sports clothes — to put on sports clothes

to be circular ['sə:kjulə] — to be round

to chalk up — to write with a piece of chalk

shield [ʃi:ld] — щит

event [i'vent] — соревнование по определенному виду спорта

### Word Study

Read the text and guess the meaning of the new words.

#### SPORTS IN ENGLAND

Most schools in England have a sports day once a year in late spring or in summer. The sports day is looked forward to by the whole school. On that day schools have no lessons. If a school has no playing-field, the children are taken to the field in buses. When they arrive all the competitors change into their sports clothes. The running track is circular ("track" is a prepared path for racing; "track is circular" means that the path goes round or it has the shape of a circle) and inside it are places for the high jump, the long jump and throwing the discus. All these events take place at the same time as the running, so there is plenty to watch. There is a large blackboard on which the results are chalked up for all to see. In the middle of the programme there is a break for lunch and if it is a sunny day, the children sit on the grass eating their sandwiches. If the weather is not so warm, they manage just the same. It is only if it begins to rain that they give up their programme and go back to school.

At the end of the day the captain of the winning team is presented with a **shield**, the winners of different events are congratulated and the children leave the place.

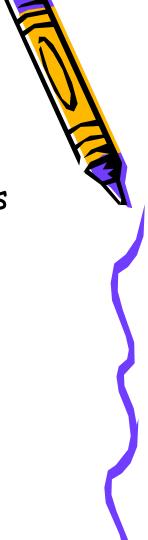
It is surprising how sunburnt they can get in one day in the open air and they all feel better for their sports day.



# Answer the following questions

- When do most schools in England have a sports day?
- Where do all children go if their school has no playing-field?
- How is that day organized?
- · Which competitions do they take part in?
- Do we have the similar events at our school?



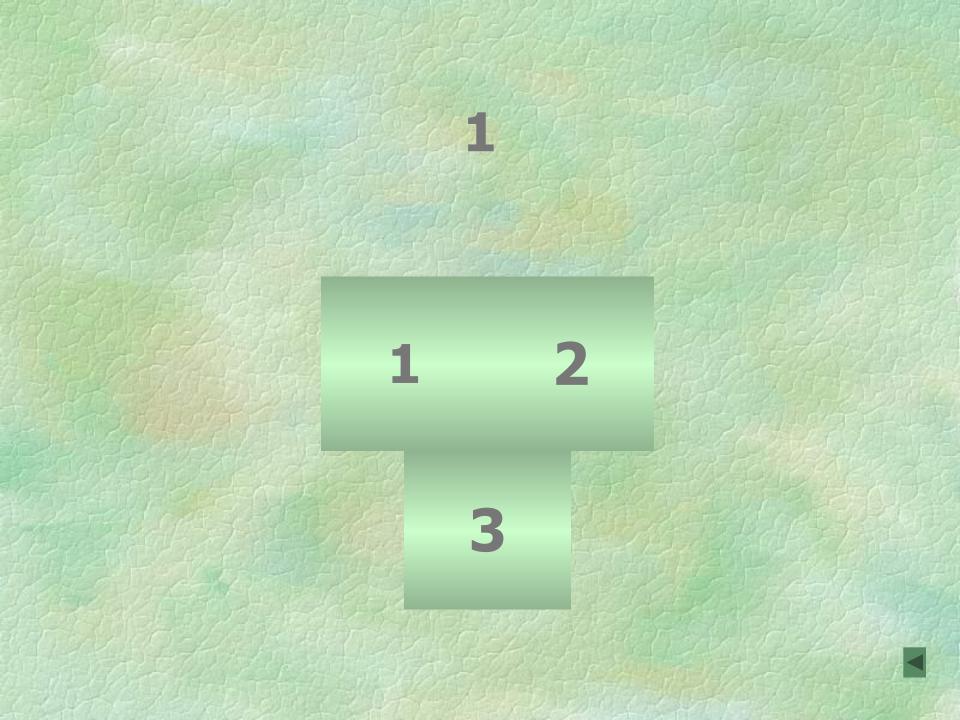




What do you see in the picture? Who do you see? What is happening in the picture and why? What will the players do after the match is over?

Speak about the last hockey match you saw or played. The words and expressions given below will help you:

goal [goul] — ворота goal-keeper — вратарь penalty bench — скамья для оштрафованных а puck — шайба to press the puck to the board — прижать шайбу к борту a stick — клюшка to strike the puck out — выбить шайбу из своей зоны



## Do the Quiz

### Choose the right variant.

- 1. Cricket is played by two teams of...
- A).15 women b). 15 men c). 11 men
- 2). Cricket players usually wear...
- A). White clothes b). Black clothes c). Green clothes
- 3). Cricket matches last from...
- A). 1 to 5 hours b). 1 to 5 days c).1 to 5 weeks
- 4). The Cup Final is played in...
- A). Wimbledon b). Derby c). London
- 5). Rugby is a form of...
- A). Hockey b). Football c).baseball

# Do the Quiz

### Choose the right variant.

- 1. Golf began to develop in...
- A). England b). Scotland c). Wales
- 2). The most famous tennis tournament is held in...
- a). Wimbledon b). Derby c). London
- 3). The derby is...
- A). A horse race b). a boat race c). A tennis race
- 4). The annual Oxford-Cambridge boat race takes place on the river...
- A). Cam b). Avon c). Thames
- 5). The most popular spectator sport in Britain is...
- A). Baseball b). Hockey c). football





Each team should have up to 7 players.
Only 6 of whom are allowed to play at the same time. Players must wear

Contestants are weighed before the contest.

The contestants' assistants must leave
The ring before the fight begins. Sportsmen must
Wear gloves and must not hit the other on the
neck

players.
The 2 teams should wear
different
Colours. Only the

EdCII team must nave II

the goalkeeper Each team must have 6 players.

The server may hit the ball With his hand or any part of the arm.

He must release the ball from his Other hand before hitting it. Players

manpatitots senuth evalet a crash hat.

They

Must not stop another competitors from Overtaking. Competitors are not allowed To help each other. They may eat and

The 2 contestants must wear white clothes. They must only attack the arms and legs of their

Opponent. They should not get overexcited.

of
whom may play at the same time. the ball
may

be thrown but it must not carried or kicked.

A team must try for a goal within 30 seconds

## Keys: Mr Grey – re GUESS the Principle

### Coaches

Mr Red, Mr Black and Mr Grey are 3 Aussie Footy coaches with the Bourketown football Club. They have red, black and grey hair but no coach has the same hair colour as his name. if I tell you that Mr Grey doesn't have black hair, it should be simple for you to tell me what colour each coach's hair is.

Keys: Mr Grey – red, Mr Black – grey, Mr Red – grey.



# Guess the riddle.

Close finish

The 4\*100 m relay was exciting and close race.

Ranita's team finished 2 m in front of David's team.

Janell's team finished ahead of antony's team.

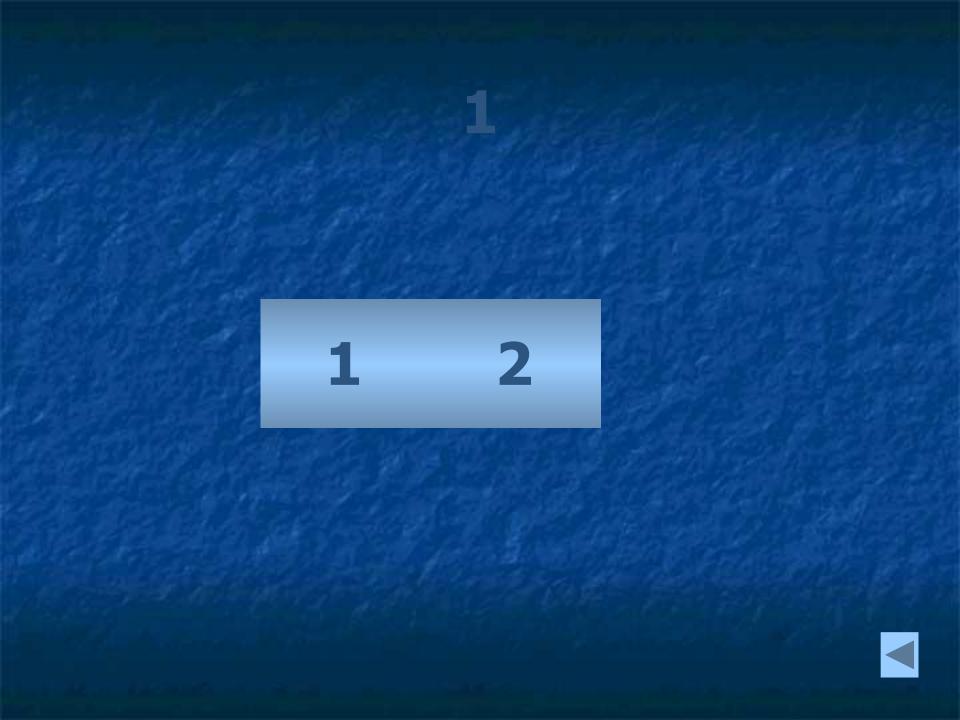
Antony's team was 2 m ahead of Ronita's.

Melissa's team finished second last.

Can you work out the finishing order for all the relay teams?

Keys:1<sup>st</sup> – Janelle, 2<sup>nd</sup> – Antony, 3<sup>rd</sup> – Ronita, 4<sup>th</sup> – Melissa, 5<sup>th</sup> – David.





# The lesson is over.

### Список использованных ресурсов:

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- 2. «Методическая мозаика» (приложение к журналу ИЯШ), №5/ 2005г.
- 3. Учебник English-8/ В.П. Кузовлев, Н.М. Лапа М.:Просвещение, 2008г.