

## Thanksgiving

## Day

Thanksgiving Day is a national holiday celebrated primarily in the United States and Canada as a day of giving thanks for the blessing of the harvest and of the preceding year.

## 10 Interesting Facts About

Thanksgiving Day



In 1863 Lincoln was the first president of the USA who proclaimed an official holiday when people give thanks.


First time people celebrated Thanksgiving in 1621 . It lasted for 3 days. It was some kind of the harvest feast. People who celebrated that holiday were Pilgrims, the English Protestant settlers and the tribe of the Wampanoag. The menu that they had during that celebration differed greatly from the modern one. Their meals consisted of corn, shellfish and deer meat.


Every year people in North America can witness the most popular parade which takes place on Thanksgiving Day. About 3.5 million people can observe this show in New York City. Others usually watch at home.


Definitely watching football is the most popular activity among Americans on Thanksgiving. The history of this tradition began in 1934.


During the night before Thanksgiving Day so many people visit different bars and cafes that it makes it the most profitable night for bar sales. The reason is that everybody meets with friends and relatives on this day. And the most popular place for that is a local bar.


Maybe some people will be greatly surprised with the fact that Thanksgiving is celebrated even by astronauts in space, even when they are apart from their families and friends. Their Thanksgiving menu consisted of rehydrated mash potatoes, turkey smoked in foil pouches and rehydrated green beans with mushrooms.


Scientists say that turkey meat has a special amino acid Tryptophan. It can make you feel sleepy. But it doesn't mean that if you eat a usual portion of turkey during Thanksgiving dinner you will fall asleep at once. There is not enough amount of tryptophan in it.



The Americans call the day after Thanksgiving "Black Friday". At first it got such name in 1960 in Philadelphia.
Traditionally "Black
Friday" is the beginning of the shopping season during holidays.

Annually people in the U.S. eat tremendous amounts of food. Researches show that about 45 million turkeys are consumed during Thanksgiving dinner. If Americans follow the same tendency this year they will spend about five billion dollars buying turkeys and trying to make their Thanksgiving menus perfect.

## Thank you for your attention



