

Sports



*Sport is as old
as the
humanity
itself. To my
mind we can
hardly
overestimate
the meaning of
sport in our life
and
day-to-day
activities.*



*Its main purpose is to bring up the
harmoniously developed generation
- the generation of strong and
healthy people.*



*Sport makes our bodies strong, quickens
our reaction and shapes the wits.*



*It also prevents us from
getting too fat.*



*Sport makes
us more
organized and
better
disciplined.*



*I'm absolutely
sure that
doing sports is
the best way
to keep fit.*

*There is
always a kind
of sport which
will suit you.*

*There are
many
different kind
to choose
from.*



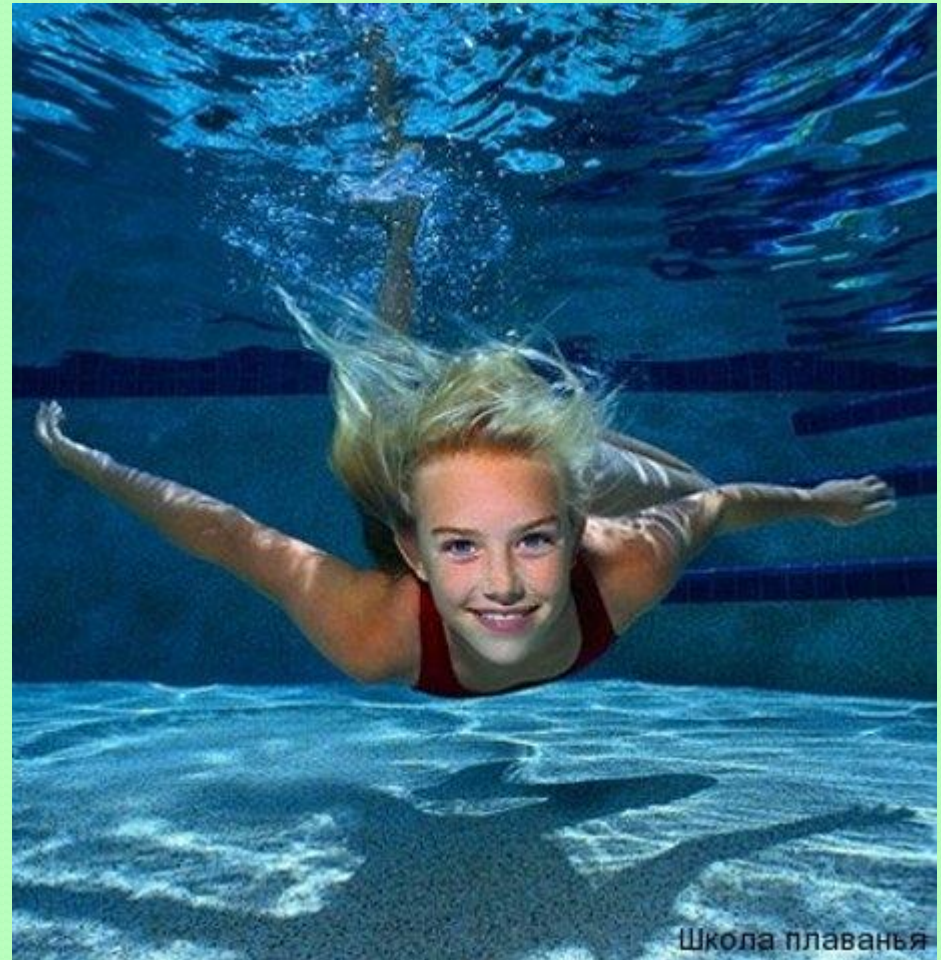
*If you like team games ,try hockey,
football,volleyball or basketball.*



*Games for you to
play with a friend
include
badminton, tennis
and table tennis.*



If you enjoy doing things on your own, you may take up swimming, riding, golf or athletics.



*I'm sure you know an axiom:
"Sport makes people healthy".*



Sport is very popular in our country. There are many stadiums, sport grounds and swimming pools in every town.



*We have out P.T. lessons
twice a week.*

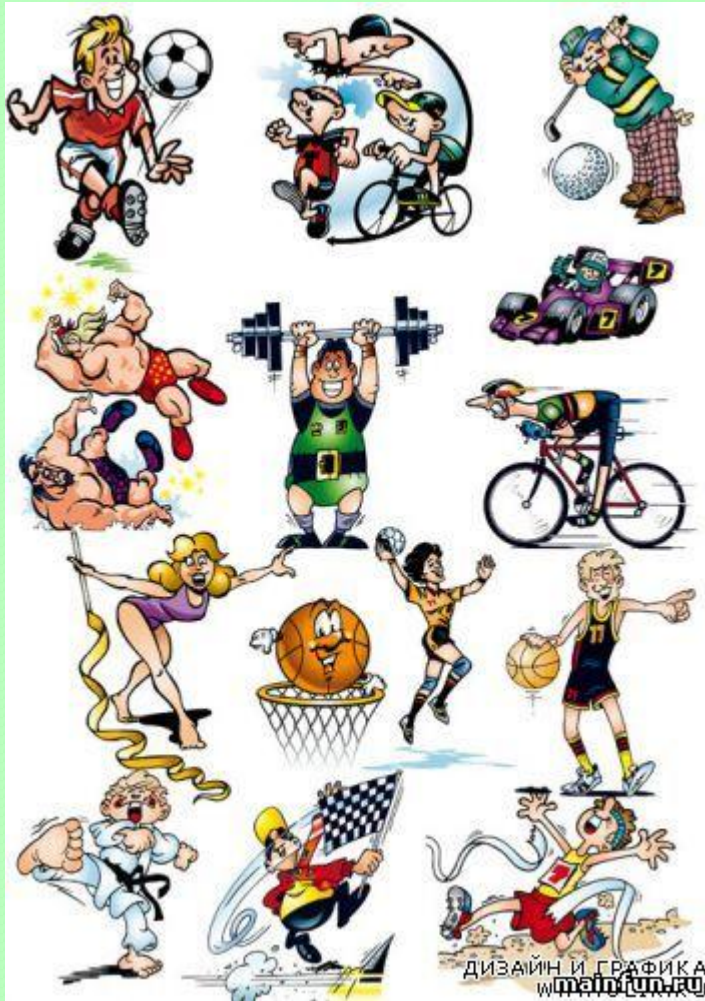


*We jump, run and
play team games.*

*In winter we like skiing, skating,
sledging and play hockey.*



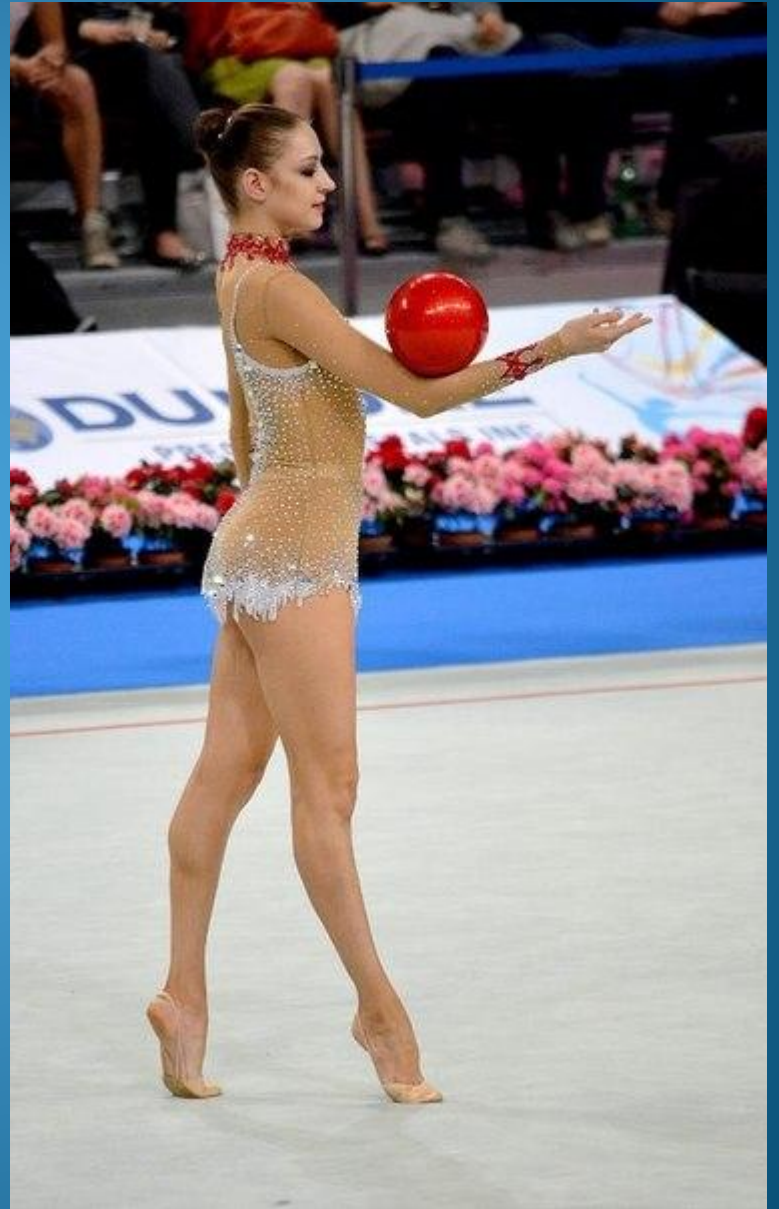
*In summer we like swimming,
boating, camping and cycling.*



*Boys
are fond
of
wrestlin
g and
boxing.*



*Girls are
fond of
gymnastics
and
aerobics.*



We like to take part in different sport competitions.

