

SPORT IS FUN

WHY PEOPLE DO SPORTS?

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Find the odd words in each list

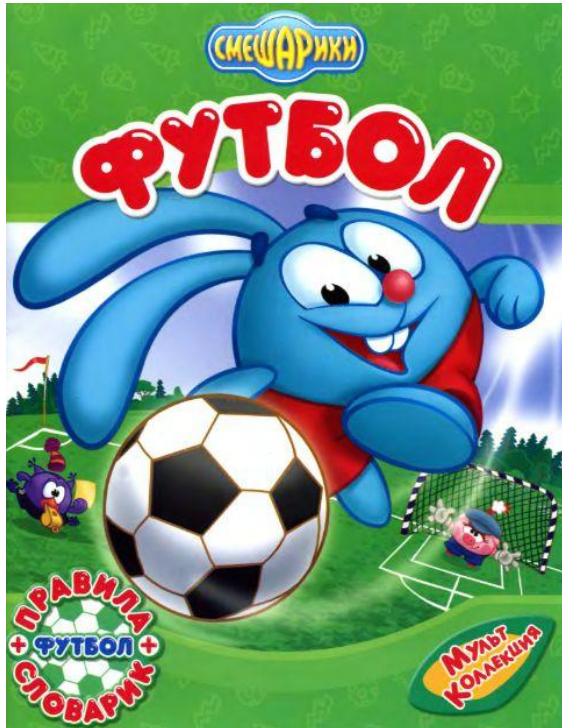
- | | | |
|---------------------------------------|------------|-----------|
| <input type="checkbox"/> Boxing | volleyball | jumping |
| <input type="checkbox"/> table tennis | cricket | running |
| <input type="checkbox"/> badminton | basketball | |
| <input type="checkbox"/> gymnastics | | |
| <input type="checkbox"/> polo | football | skiing |
| <input type="checkbox"/> chess | hockey | cycling |
| <input type="checkbox"/> wrestling | baseball | rugby |
| <input type="checkbox"/> judo | swimming | athletics |

If you want to keep fit, remember some rules

- ☐ Get up early and go to bed early;
 - ☐ Do sport;
 - ☐ Take regular exercises;
 - ☐ Take a cold shower every day;
 - ☐ Eat healthy food and never smoke;
 - ☐ Wash the hands before you eat;
 - ☐ Clean your teeth twice a day.
-

A lot of boys and men are keen on football

Football is the most popular game in the world



Popularity in the world

According to the announcement of FIFA in 2001 football was played by 250 mln people in the world. More than 20 mln of them are women. Nearly 1,5 mln teams and 300 000 professional clubs exist in the world.

Football quiz

- ☐ When did football appear?
 - ☐ What country is the motherland of football?
 - ☐ What kind of game was it?
 - ☐ When did the rules of the game appear?
 - ☐ Whom was the game introduced to other countries?
-

Football History

Football has been played in one form or another for hundred of years. First it was a rude game without rules. It was played in the streets of London in the 12th century. But since 1863 it has been played with proper rules. By the end of the 19th century almost every town had its own team. The modern game was introduced to other countries by the British people.



What is soccer?
Where & when did
it appear?
How many players
are in the team?

Rugby is a form of football which was started in 1823.

Then the pupil of Rugby school William Webb Ellis handled a ball and ran with it during a game of football. The first set of rules was set out in 1845. Since that time rugby has been played all over Britain. The standard game (Rugby Union) has been played by teams of 15. Rugby League is a different form of the game. There are 13 players.

Basketball is the most fascinated game



Volleyball is loved by people of different ages



You can play it in the gym, in the street, at the stadium and even at the beach of the sea.

Chess develops intellect & logic



Anatoly Karpov

Anatoly Karpov became the 12th world champion in 1975

In 1976, 1983 – 1988 he won all the championships in the USSR

But in 2009 he lost the game with Harry Kasparov



The beginning of Badminton

It was created by the British military officers in the mid-18th century in British India. In 1893, the Badminton Association of England published the first set of rules. For the first rally of any doubles game, the serving pair may decide who serves and the receiving pair may decide who receives.



Game of Battledore and Shuttlecock in 1804

3 Battledore and Shuttlecock.





Gymnastics



Aerobics helps to keep fit

Aerobics is for fun & pleasure



CYCLING

- Героем XXXII велогонки Мира стал молодой спортсмен из Куйбышева Сухорученков. Он привел команду к победе.



Swimming for use & pleasure



Skiing

For many years our team was the best in the world. But this year we lost the world competition. It's a pity!



PARASHUTING – EXTREME SPORT



What other kinds of sports do you know?







Make word combinations

- ☐ Take
- ☐ Fall
- ☐ Be
- ☐ Keep
- ☐ Fast
- ☐ Sore
- ☐ Treat
- ☐ Get

- ☐ Fit
 - ☐ Ill
 - ☐ Medicine
 - ☐ Food
 - ☐ Idea
 - ☐ A headache
 - ☐ Ill
 - ☐ Throat
-

Olympic Games

