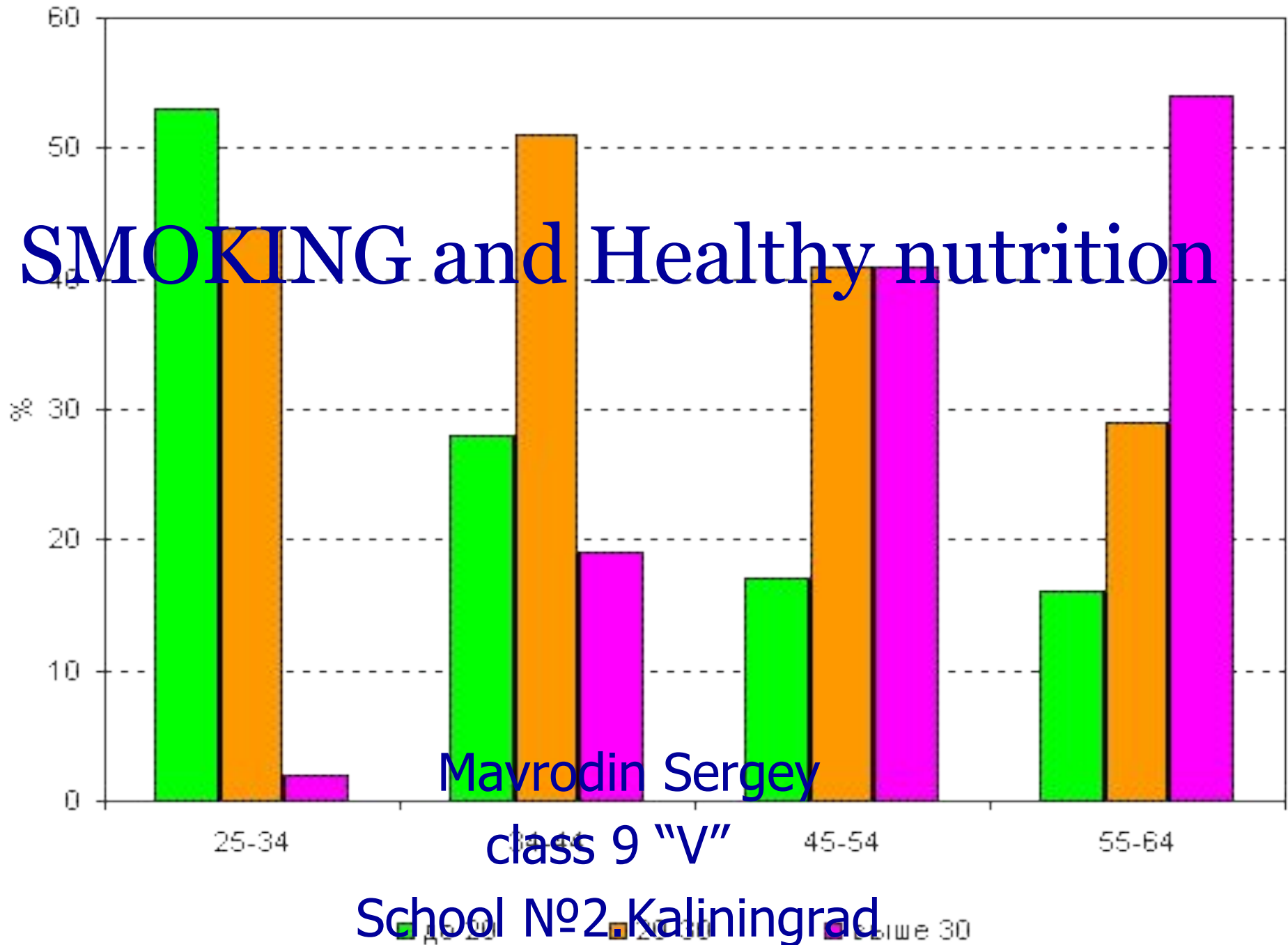


SMOKING and Healthy nutrition

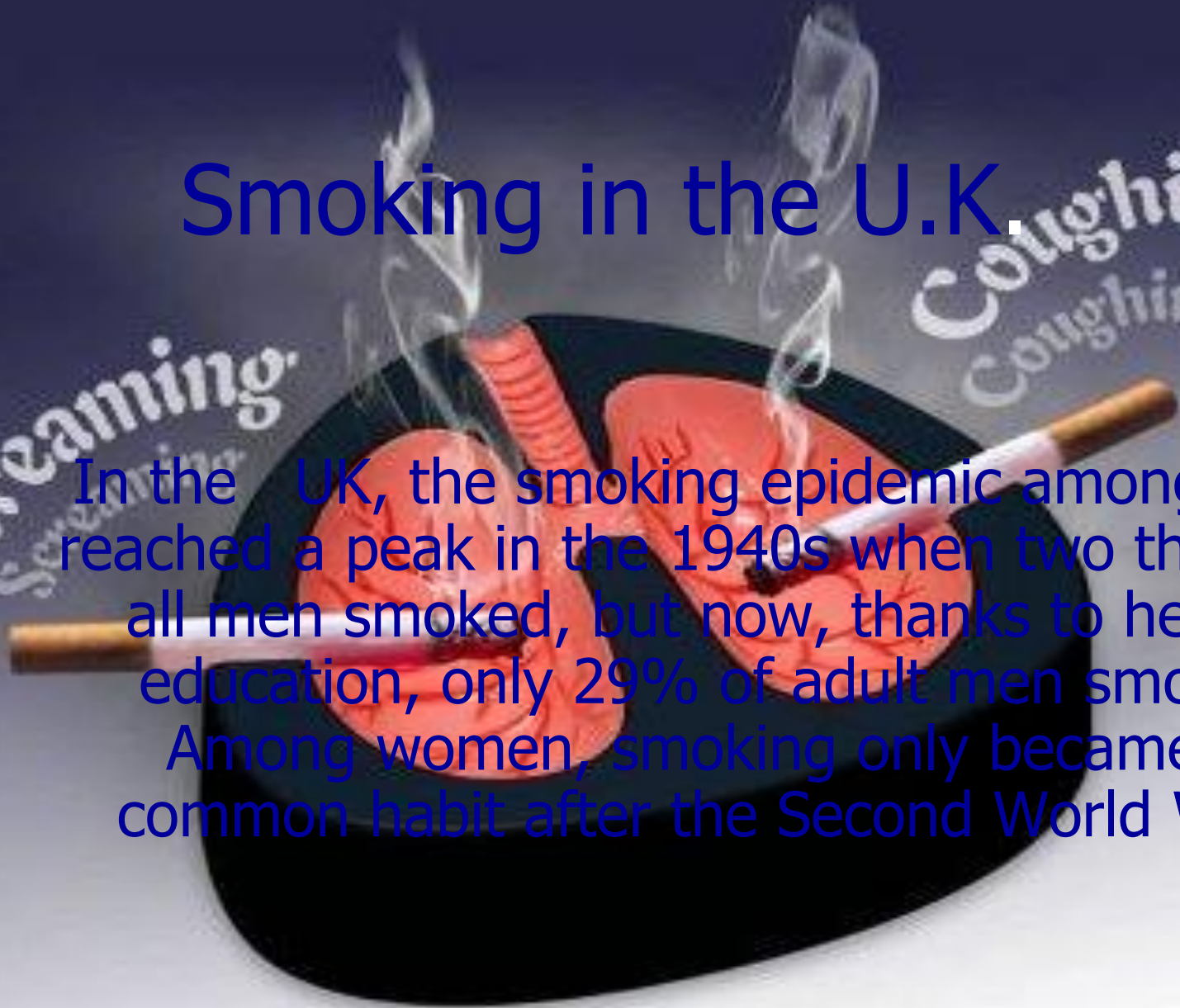


Mavrodin Sergey


class 9 "V"

School №2, Kaliningrad

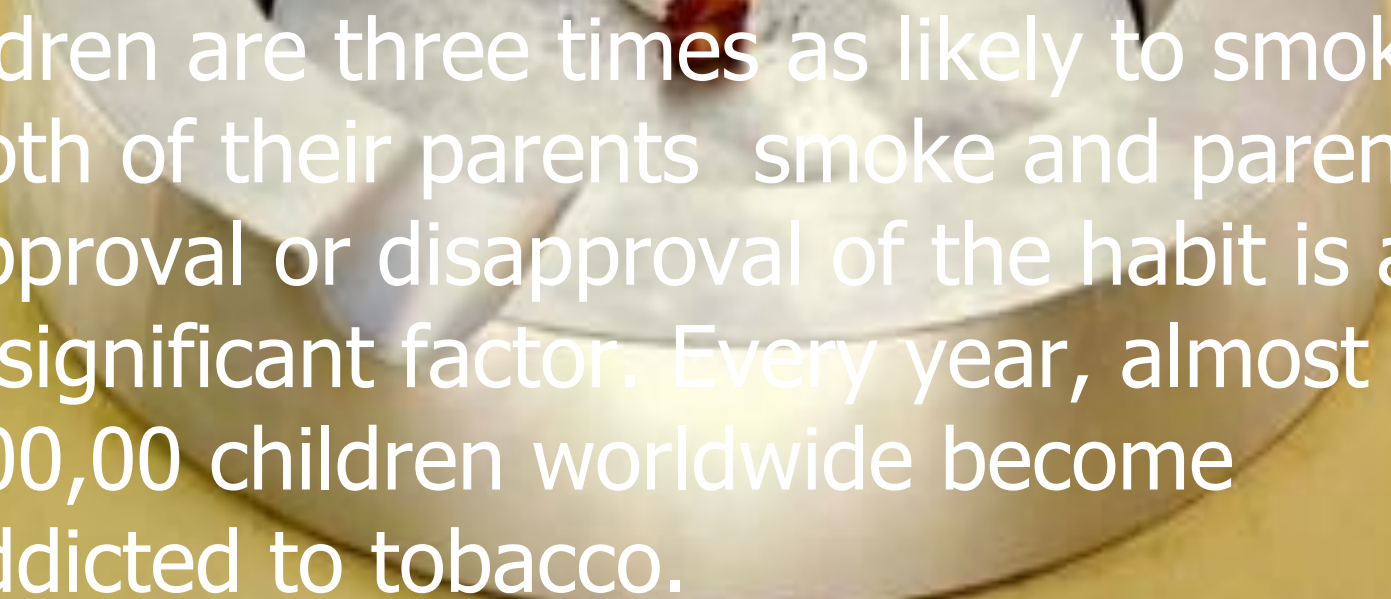
Smoking in the U.K.

An anatomical illustration of human lungs, colored in a realistic pinkish-red. Two cigarettes are positioned as if inserted into the bronchial tubes of the lungs. Thick, white smoke is rising from the lit ends of the cigarettes. The entire illustration is set against a dark, circular, shadowed base. The background is a dark blue gradient. The word 'Screaming' is written in a white, stylized, cursive font on the left side, and 'Coughing' is written in a similar font on the right side, both appearing to be part of the overall graphic design.

In the UK, the smoking epidemic among men reached a peak in the 1940s when two thirds of all men smoked, but now, thanks to health education, only 29% of adult men smoke. Among women, smoking only became a common habit after the Second World War.

The image is a composite graphic. The upper portion shows a realistic human face and neck, appearing to be a man with a beard, looking upwards. The lower portion of the figure is a white, anatomical model of a human skeleton, showing the ribcage and spine. The skeleton is holding a lit cigarette in its right hand. The text is overlaid on the central part of the image, in a blue, serif font.

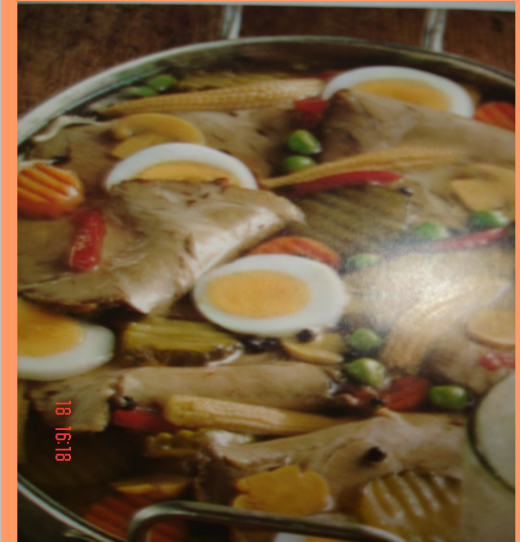
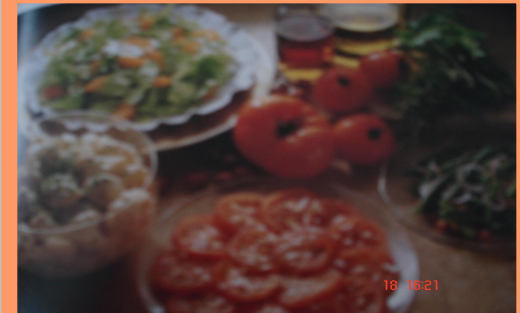
According to the latest government figures, 23% of all 15-year-olds are regular smokers. Many of these teenage smokers are already addicted to nicotine, that is, they need to smoke their first cigarette of the day as soon as they get up. In Great Britain about 450 children start smoking every day.

A lit cigarette with a glowing orange tip and a small amount of smoke is resting in a white, modern-style ashtray. The ashtray has a circular opening and a slightly raised rim. The background is a solid, light yellow color.

Children are three times as likely to smoke if both of their parents smoke and parents approval or disapproval of the habit is also a significant factor. Every year, almost 100,00 children worldwide become addicted to tobacco.

Healthy Nutrition

- Food is factor, which provide human for energy and substans, which important for growing and development.



Vitamins

- A lot of vitamins keep in fresh vegetables, fruits and fish.

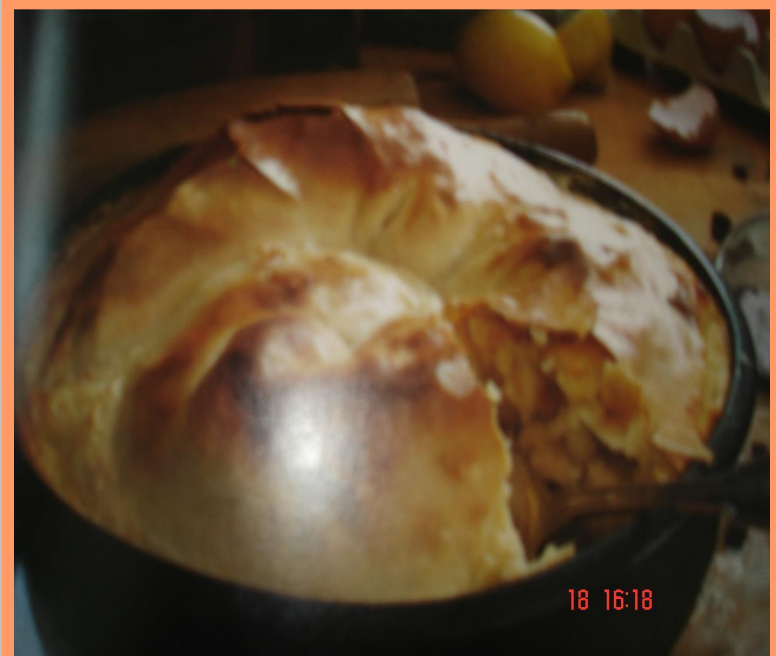
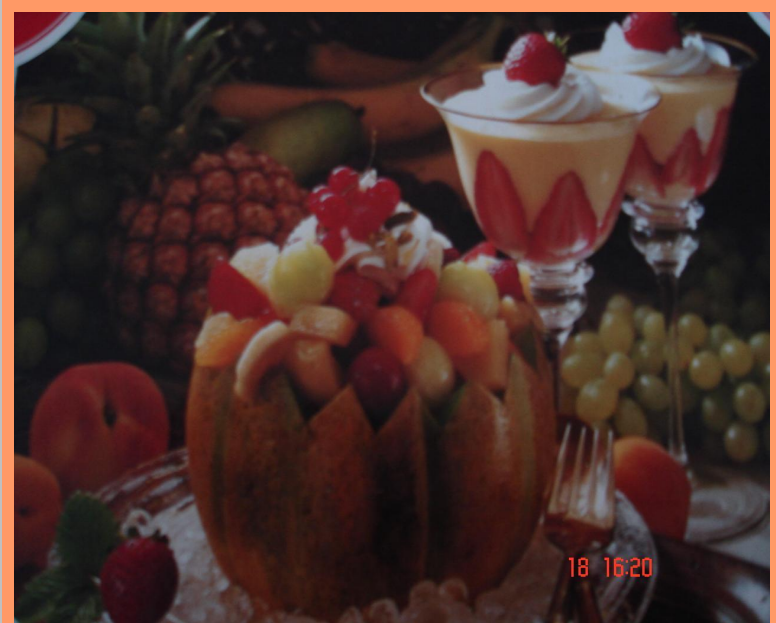


Unhealthy food

- If you eat a lot of bad food you can get a lot of diseases.



- 25% like unhealthy food
- 20% prefer healthy food
- 55% prefer all together





THE END.