

Great Britain



Geography Britain

Great Britain, United Kingdom of Great Britain and Northern Ireland, state in the north-west Europe, the British Isles (the largest - the island of Great Britain), north-eastern part of the island of Ireland, the island of Man, the island of Wight, the Channel and other small islands. Separated from the continent by the straits English Channel and the Pas de Calais. Area 244.11 thousand km². Population of 60.1 million people Capital London.





- Major cities: London, Birmingham, Leeds, Glasgow, Sheffield, Bradford, Liverpool, Edinburgh, Manchester, Bristol.

National cuisine



The traditional daily meals in England : a light breakfast with the obligatory morning tea, then a full lunch, then the "sacred" ritual of tea drinking - five o'clock tuft; evening dinner between 19.00 and 23.00 hours. The English agreed to arrange two breakfasts. The first is usually at 8 o'clock in the morning. To him, roasted bacon, without garnish, pies, oatmeal with milk, boiled eggs, scrambled eggs with ham, green peas or tomatoes, butter. Hot drinks - organic coffee with cream or strong tea. Lunch - about an hour of the day.



- At this time, they eat different sandwiches with ham, pate, tongue, pork, fish, drink juices and hot drinks. Five of the tuft (five-o-clock) famous tradition of afternoon tea to drink. For tea with milk served cake, cookies, scones with jam or cream. Lunch - in 18-20 hours. The first dish - vegetable soup or broth with croutons and vegetables. On the main dish of meat, fowl, fish, poultry and vegetables. The most favorite dish - a natural steak of beef, for garnish - boiled rice with tomato sauce.



That it is all

