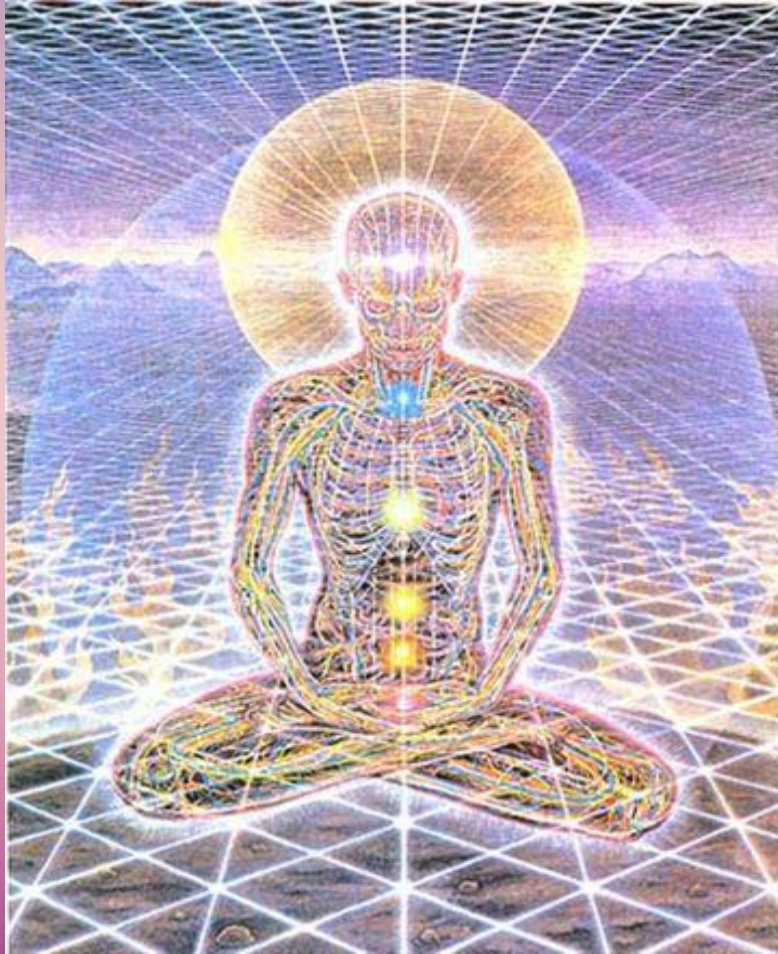


Chromotherapy



The definition of “chromotherapy”



Chromotherapy is a scientific method of using colored rays of light to treat physical and mental health disorders.

Chromotherapy has 2 types:

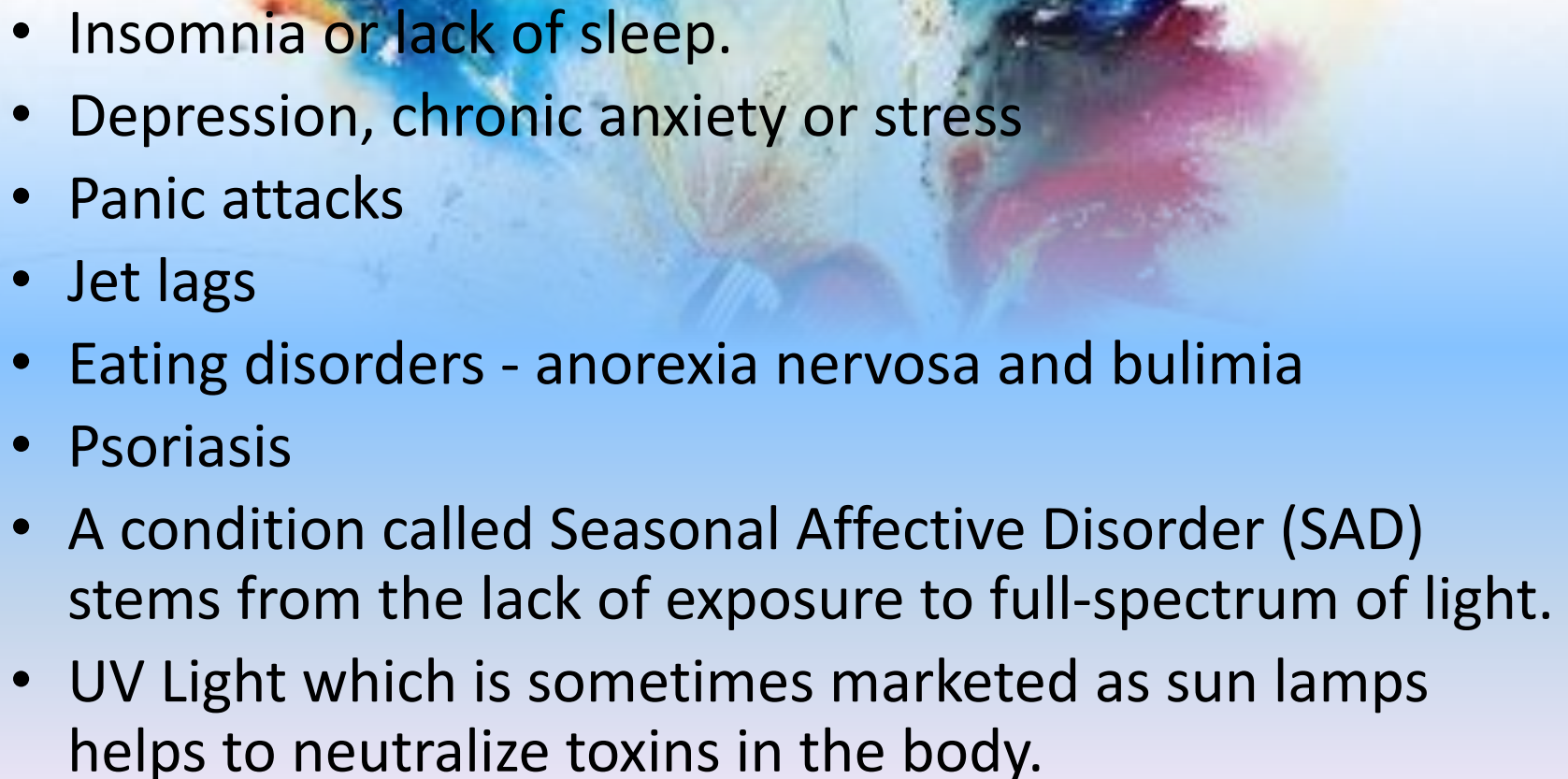
Chromotherapy has two types:

1. *Luminous Chromotherapy*
2. *Molecular Chromotherapy*

Colour therapy involves:

1. Colour Therapy Oils
2. Colour Therapy Bath Crystals
3. Colour Therapy Glasses
4. Colour Therapy Water



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- Insomnia or lack of sleep.
 - Depression, chronic anxiety or stress
 - Panic attacks
 - Jet lags
 - Eating disorders - anorexia nervosa and bulimia
 - Psoriasis
 - A condition called Seasonal Affective Disorder (SAD) stems from the lack of exposure to full-spectrum of light.
 - UV Light which is sometimes marketed as sun lamps helps to neutralize toxins in the body.

