

Barricades in your  
mind can be even  
worse than the  
frontiers on  
ground.



"Your whole body, from wingtip to wingtip," Jonathan would say, other times, "is nothing more than your thought itself, in a form you can see.  
Break the chains of your thought, and you break the chains of your body, too..."



Richard Bach.  
"Jonathan Livingston Seagull"

*THE SUN WILL SHINE ESPECIALLY FOR YOU...*

Are you ready to fight to  
be just happy???









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