

# ALCOHOL AND DRUGS

---

Denis Bukotin

# Alcohol

---



# Alcohol

**23.1%**

of youth reported drinking  
in the past 30 days

**49.2%**

say they have had  
alcohol in the past year

## ALCOHOL USE and our youth

Harrisonburg-Rockingham County

**79.5%**

say their parents  
dissapprove of drinking  
while only

**45.2%**

say their friends dissapprove

**24.5%**

OF YOUTH SAY ALCOHOL  
IS VERY EASY TO OBTAIN

**72%**

perceive alcohol  
is harmful

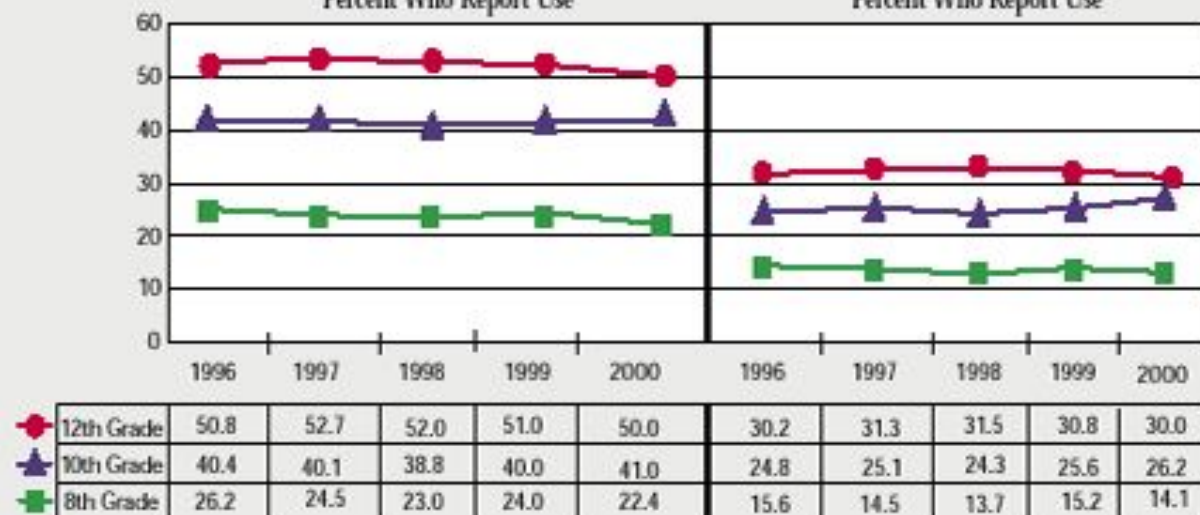
**13**  
AGE AT FIRST DRINK

\*Local data according to the Youth Data Survey 2009 conducted by the Office on Children and Youth

## Youth and Alcohol

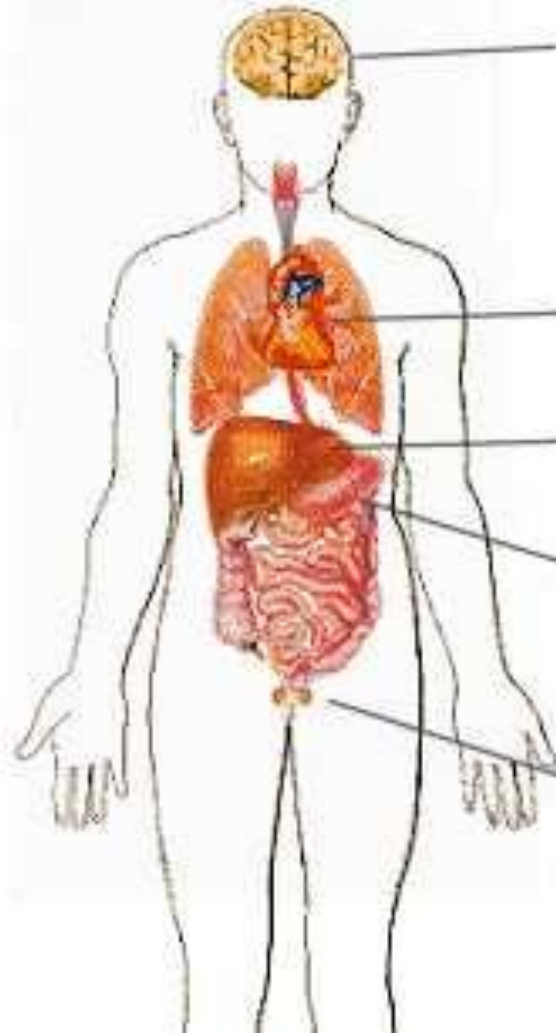
Past-Month Use  
Percent Who Report Use

5+ Drinks/Past 2 Weeks  
Percent Who Report Use



Source: 2000 Monitoring the Future Study

## Harmful Effects of Alcohol



Slurred speech, blurry vision, slowed reflexes, personality changes, memory loss, blackout, eventual brain damage

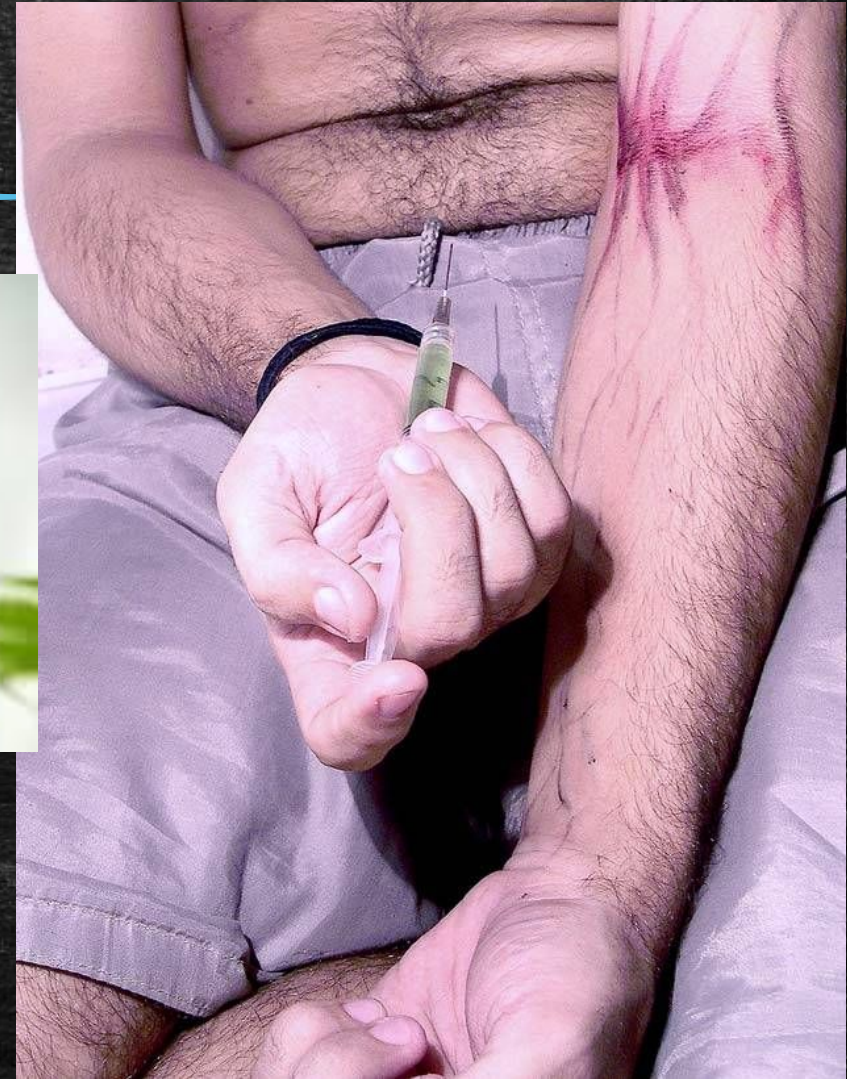
High blood pressure, irregular heartbeat, increase in triglycerides or fats that exist in the blood leading to heart disease.

Disorders may develop into cirrhosis, hepatitis, or even liver cancer

Symptoms may include nausea, vomiting, ulcers, and other stomach disorders

Effects on the reproductive system may include heavy or irregular periods in females, and sexual dysfunction in males

# Drugs



# Drugs

## TEENS ON DRUGS

Drug use reported by Tennessee teenagers, ages 12-17

### PAST MONTH:



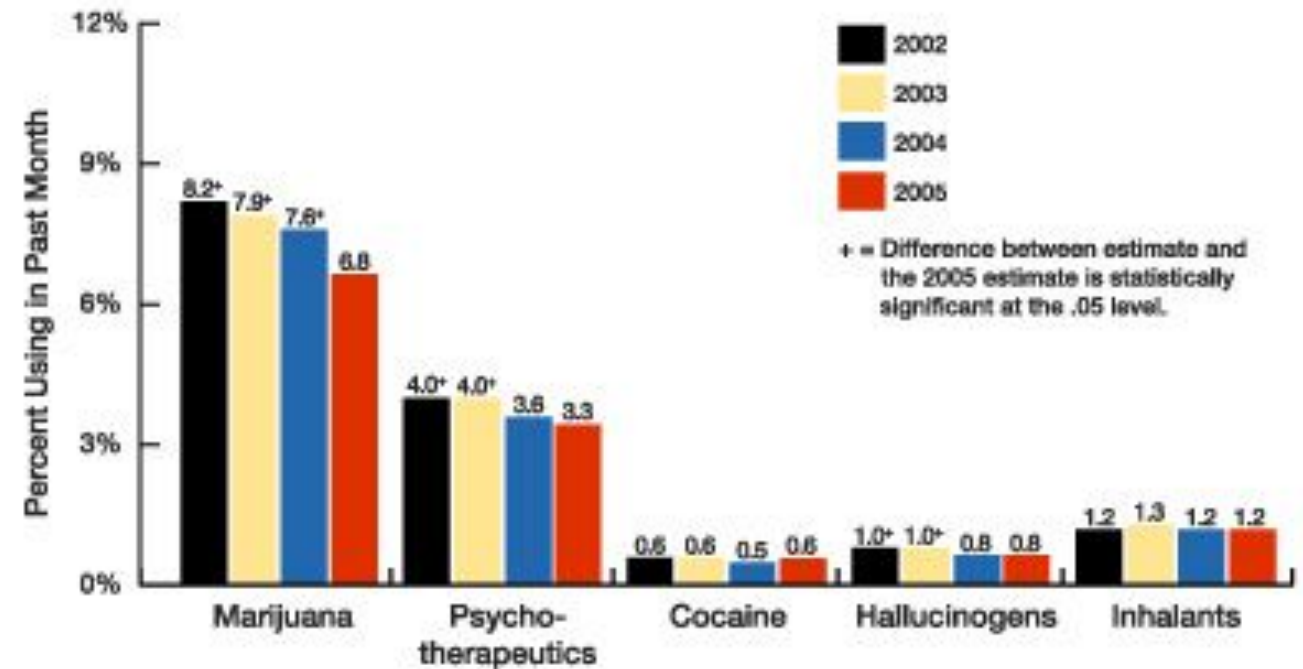
### PAST YEAR:



Source: National Survey on Drug Use and Health, 2006-2007

NEWS SENTINEL

## Past-Month Use of Selected Illicit Drugs Among Youth Age 12 to 17: 2002-2005



# ▼ Tobacco Use Among Youth



Each day  
in the United States  
Approximately  
**3,800**  
Youth try a cigarette  
For the first time

## Peak Age

Among First  
Time Users



11<sub>y/o</sub>

Between



13<sub>y/o</sub>



Among Daily  
Adult Users



Used their first  
cigarette by age 18



Used their first  
cigarette by age 26



Among Daily  
Users



**> 3.6**  
million youth

More than

Are  
Under

**18<sub>y/o</sub>**



HEALTHY  YOUTH

FOR A  
HEALTHY FUTURE

