



BRITISH MEALS



Учитель МБОУ «Металлощадская СОШ»
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Daily meal in Britain

- ◆ Breakfast 7:30 – 9:00 a.m.
- ◆ Tea break 11:00 a.m.
- ◆ Lunch 12:30 – 2:00 p.m.
- ◆ Tea time 3:30-5:00 p.m.
- ◆ Supper (dinner) 7:00 – 8:30 p.m.



A traditional English breakfast (cooked breakfast)



Sausages, bacon,
baked beans,
fried tomatoes

boiled, fried or
scrambled eggs,
mushrooms and
toasts



The British eat for breakfast



Toasts with butter,
jam or marmalade



Tea or coffee



Orange, apple or
grapefruit juice



The British eat for breakfast



Muesli with milk



Porridge (a mixture of oats, hot milk and sugar).



Cornflakes or cereal

Continental breakfast

- ❖ a small meal and is not cooked



bread rolls



cheese and ham



croissant

**breakfast
tea**



Lunch (luncheon) 12:30 – 2:00 p.m.



a sandwich



soup and bread



cheese and biscuits



salad

Tea time (5 o'clock tea)



tea



biscuits



cookies



scones with jam



Supper (dinner) 7:30 – 8:00 p.m.



meat with vegetables



**Fruit crumble
and custard**



tea



Fish and chips

Bon appetite!