

## HOW DOES OUR LIFE DEPEND ON OUR HABITS?



Good Habits





**Exercising** 



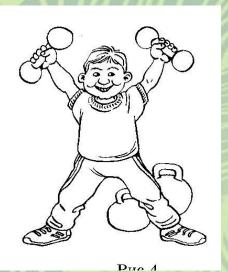
# MOTHER OF 14 AGE TEEN

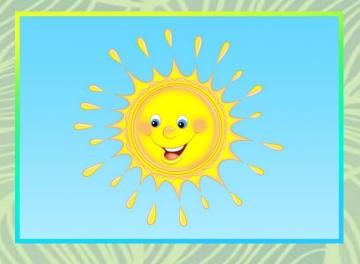




### NAME HEALTHY







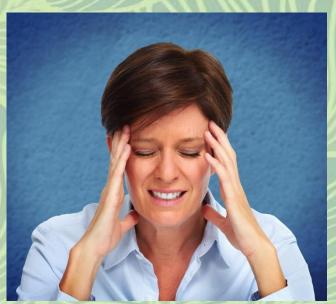
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**BAD HABITS** 

#### RESULTS







#### **ADVERTISEMENT**

#### Advertising





## WHAT DO YOU CHOOSE?

Eat healthy food











