



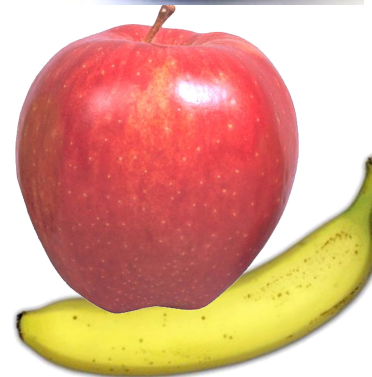
OBENTO - A TASTY TRADITION!

Spotlight 8 Module 2a

What do you usually eat at school?

Where do you usually get it/them from?

- A sandwich
- Biscuits
- Soup
- A hot meal
- Crisps
- Salad
- Fruit
- Pizza
- A bun



Look at the pictures. What do you think an 'obento' is?





Now tell your friends about an ‘obento’.

- An ‘obento’ is....
- Its origin goes back to ...
- You can buy an obento ...
- To make an obento you need...
- It’s important that obentos look...
- Obento portions for nursery schools should be...



Ways of cooking



bake



boil



fry



steam



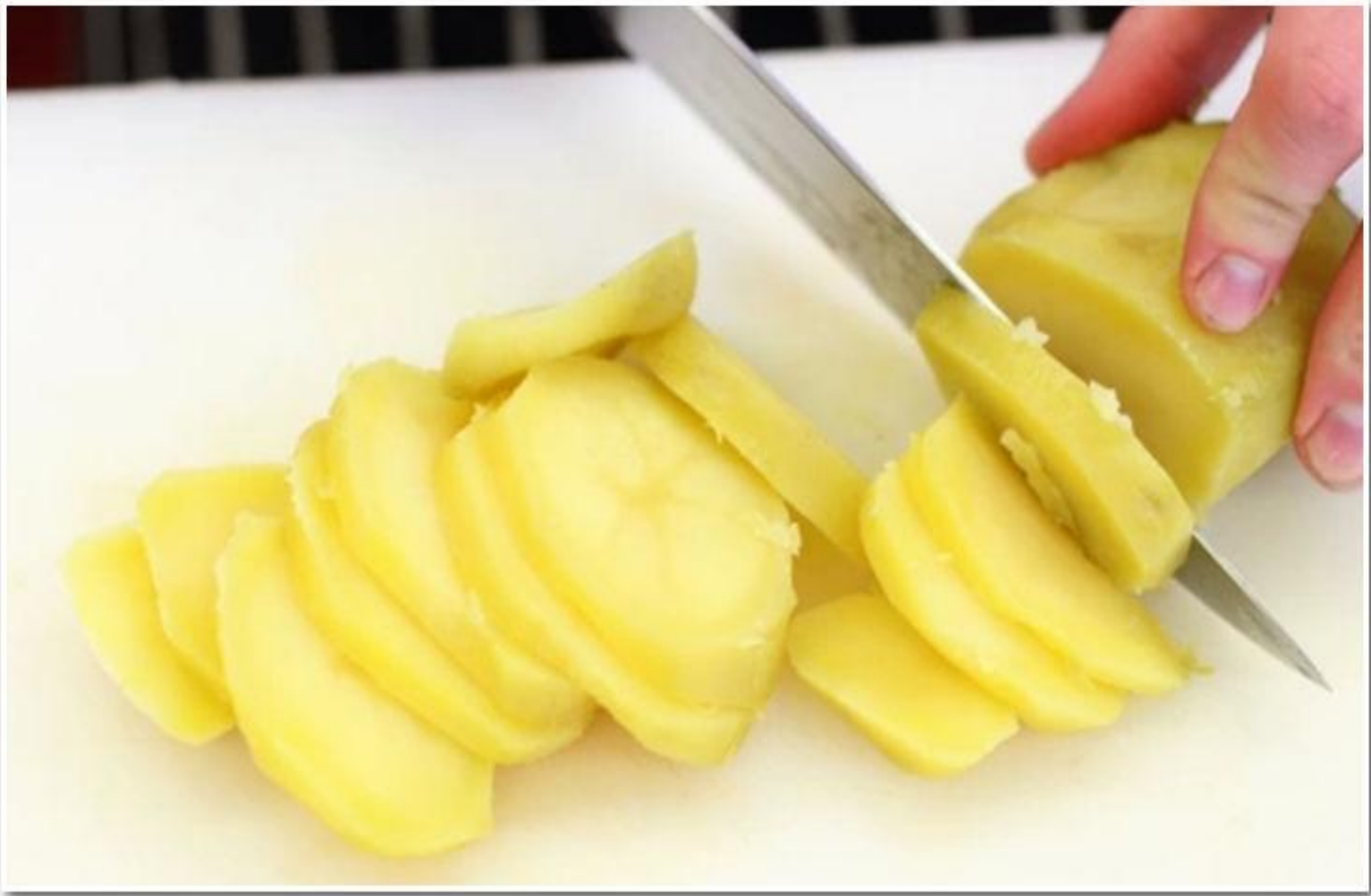
grate



peel



slice



1 Which of the ingredients in the pictures are mentioned in the song? Listen and tick (✓).



I ♥ Cooking

We've got a lot of mushrooms
And we've got a lot of meat
Let's make something
Really good to eat

I love cooking
I can fry and boil and bake
Just give me a recipe
There's nothing I can't make

We've got a lot of onions
And we've got a lot of rice
Let's make dinner
It will be so nice





Thank you!