

Урок английского языка  
В 8 «а» классе МОБУ лицея № 33 г.  
Таганрога.  
Учитель высшей квалификационной  
категории Т.В. Ромахина.

**Тема**  
*Здоровый образ жизни*



# ***Today we are going to...***

- ▣ Repeat the words of our oral topic ;*
- ▣ Speak about good and bad habits;*
- ▣ Speak about causes of children's obesity (role dialogues);*
- ▣ Read the text with understanding;*
- ▣ Drama "The Doctor's Advice" (role-play);*
- ▣ Listen to the information about food and health ;*
- ▣ Do different exercises;*



What is the most important wealth  
(богатство) of a man?

Do the crossword and guess the key-word  
for the topic of our lesson .





5  
)  
4



6  
)



1)	h						
2	t						
3	s						
4	v						
5	f						



2



6  
)

h							
---	--	--	--	--	--	--	--

1)





5  
)  
4



6  
)



2



5

1)	h	i	k	i	n	g			
2	t	e	n	n	i	s			
3	s	k	a	t	i	n	g		
4	v	o	l	e	y	b	a	l	l
5	f	o	o	t	b	a	l		
6	h	o	c	k	e	y			

3  
)



1)





***The topic is***



***A Healthy living guide***



**Yes!**

**No!**

**Alcohol**



**Sleeping  
7 or 8 hours**



**Healthy  
diet,  
Variety of  
foods**



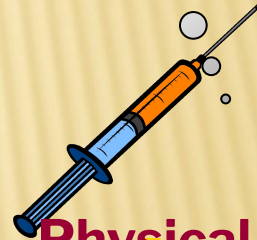
**Physical  
inactivity**



**Smokin  
g**



**Drugs**



**Physical  
activity,  
taking  
regular**





**Yes  
!**

**Healthy  
diet,  
Variety of  
foods**



**Sleeping  
7 or 8 hours**



**Physical  
activity,  
taking  
regular  
exercise**



**No!**

**Alcohol**



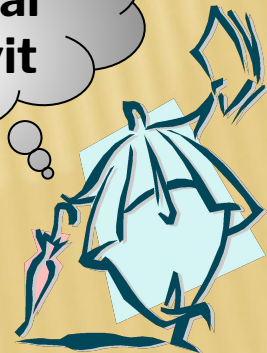
**Drugs**



**Smokin  
g**



**Physical  
inactivit  
y**





*At the International Conference on “The Causes of Children’s Obesity”. (ex. 2(1), p. 127)*





What **have** we **done** today? Look at our plan and answer.

- ▣ Repeat the words of our oral topic ;
- ▣ Speak about good and bad habits;
- ▣ Speak about causes of children's obesity (dialogues);
- ▣ Read the text with understanding;
- ▣ Drama "The Doctor's Advice";
- ▣ Listen to the information about food and health ;
- ▣ Do different exercises;

*Have*

+  $V_3$

*Has*

*have (has) repeated*

*have (has) spoken*

*have (has) read*

*have (has) done*





**Be healthy!**

"All is well that ends well" (W. Shakespeare.)

**positive**



**Happiness**  
**Joy**  
**Success**

**What emotions  
do you feel?**

**negative**



**Irritation**  
**Boredom**