

## An aid to:

- Problem solvingDecision Making
- •Planning
- •Analysis

Thinking involves: •Being constructive

- •Being creative
- ·Being productive
- ·Using information
- •Trying to be logical
- ·Managing our emotions

Positive thinking
Brightness
Optimism
Focus on benefits
Positive thinking
Making it happen

Positives

•Why something didn't work
•Pointing out difficulties
•Pointing out the problems
•Logical thinking

Minuses







