Excessive washing of hair causes hair loss \ dryness.





CONDITIONER HELPS REPAIRING SPLIT ENDS.



SLEEPING WITH WET HAIR CAUSES SCALP FUNGUS.



TO GET YOUR HAIR TO GROW, BRUSH 100 STROKES EACH DAY.



SHARING OF COMBS AND BRUSHES CAN SPREAD SCALP DISEASES.



CUTTING HAIR MAKES IT GROW FASTER AND / OR THICKER.



COLOUR TREATMENT CAUSES HAIR LOSS.





LONG SUN EXPOSURE FAVOURS HAIR LOSS.



DIET IS RELATED TO HAIR LOSS.



STRESS CAUSES HAIR LOSS.



WEARING TIGHT BRAIDS, PONYTAILS OR BUNS CAUSES BALDNESS.



SMOKING CAUSES GREY HAIR.



