

# **«The British Favorite Food. How to Make a Sandwich?»**

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# WARMING - UP

**«Gogo`s adventures with English»**



# Lock-step



1 s h o p

2 j a m

3 l u n c h

4 a a a d a a a

5 s w e e t

6 m i l k

7 j u i c e

8 c h i p s



# СЭНДВИЧ



# Цели урока:

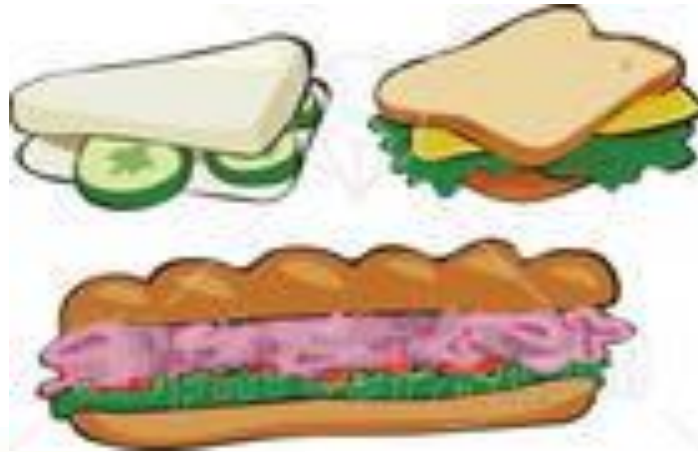
**учебная:** описание действий, связанных с приготовлением сэндвича;

**воспитательная:** воспитание уважения к традициям другой страны;

**развивающая:** развитие познавательных интересов; развитие рефлексивного мышления;

**гуманитарная:** формирование критического взгляда на собственное питание; осознание значимости правильного питания; формирование эстетического вкуса.

# British Sandwiches



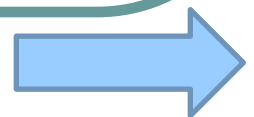
# Look at the text and choose the best answer:

- ***Which of the following sentences is not true?***
- People in England eat sandwiches only for lunch.
- You can buy sandwiches in shops.
- Lots of foreigners don't like English sandwiches.
  
- ***English use ... for a sandwich.***
- one slice of bread    b) two slices of bread    c) a roll
  
- ***Some foreigners don't like English tea because***
- it is too sweet    b) it is too strong    c) it is too hot.

# Let`s have a rest!

## *Clap your hands*

- **Clap, clap, clap your hands,  
Clap your hands together.  
Stamp, stamp, stamp your feet,  
Stamp your feet together.**
- **Touch, touch, touch your ears,  
Touch your ears together.  
Touch, touch, touch your cheeks,  
Touch your cheeks together.**
- **Shake, shake, shake your hands,  
Shake your hands together.  
Smile, smile at your friends,  
Let us smile together**





# **Давайте попробуем приготовить сэндвич!**

**Cucumber, cheese, salami,  
butter, mayonnaise, brown  
bread, tomato, ham, lettuce,  
spring onion, ham, parsley,  
apple, orange, pepper, butter,  
banana, salt, bacon, cabbage,  
chicken, eggs, green salad.**

# Let's try to make sandwiches!

## Sandwich with ham and cheese

2 slices bread  
butter  
some ham  
some cheese  
green salad

- 
- ( ) Smear bread with butter.
  - ( ) Take 1 slice of bread.
  - ( ) Put ham to the bread and butter.
  - ( ) Take ham and cut off 2 slices.
  - ( ) Put the second slice of bread.
  - ( ) Add some sugar.
  - ( ) Take cheese, cut off 2 slices and put it to the sandwich.
  - ( ) Put 1 leaf of green salad.
  - ( ) Our sandwich is ready. Help yourself!



## Eggs, salami and Spring Onion

2 slices of bread  
2 boiled eggs  
3 tablespoons of mayonnaise  
4 spring onions  
salami  
salt and pepper

- 
- ( ) Chop the eggs and spring onion.
  - ( ) Take 1 (one) slice of bread.
  - ( ) Put the chopped eggs and spring onion into a bowl.
  - ( ) Put the filling on the slice of bread.
  - ( ) Add some mayonnaise and mix together.
  - ( ) Take salami and cut off 2 slices.
  - ( ) Add some salt and pepper.
  - ( ) Put salami to the bread and filling from eggs and spring onion.
  - ( ) Add some jam.
  - ( ) Put the second slice of bread.
  - ( ) Our sandwich is ready. Help yourself!

# Защита проектов



## **Этап самооценки**

***А ларчик просто открывался.  
Тяжело в учении, легко в бою.  
Делу – время, потехе час.  
Терпение и труд все  
перетрут.  
Под лежащий камень вода не  
течет.***

# Home task:

- 1) Write how to cook a healthy sandwich.
- 2) Draw your sandwich;
- 3) Make instructions for making your own sandwich;
- 4) Fill in the table (преимущества и недостатки быстрого питания)

## Fast Food

Advantages	Disadvantages



# Let's travel in the Health – city!



**Спасибо за  
внимание!**