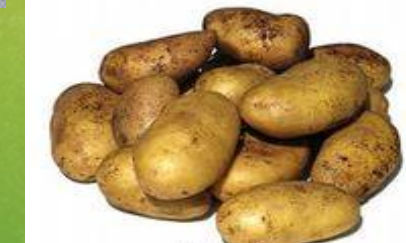


# "Health Is About Wealth."

«Здоровье дороже  
богатства»

Подготовила учитель английского языка  
МБОУ СОШ №2 с. Средняя Елюзань  
Кирасирова Альфия Мустафаевна









LETS HAVE A REST

# Test "Do you keep fit?"

- 1. Do you often eat vegetables and fruit?**
- 2. Do you sport regularly?**
- 3. Do you watch TV for more than an hour?**
- 4. Do you eat chocolate, sweets, chips and biscuits every day?**
- 5. Do you sleep 8-10 hours at night?**
- 6. Do you sometimes think about how fit you are?**



**NOW, READ ABOUT YOURSELF:**



**If you have 0-3 points.**

**You must forget about sweets and chips. You need fruit and vegetables and lots more exercises**

**If you have from 3 to 4 points.**

**You must do more exercises. Be careful what you eat.**

**If you have from 5 to 6 points.**

**You keep fit! Well done!**



**a sore throat**

**a sore eyes**

**a sore finger**

**a toothache**

**a backache**

**a runny nose**

**a cough**

**a cold**

**a stomachache**

**flu**

больной палец

зубная боль

больные глаза

больное горло

насморк

боль в спине

простуда

боль в животе

грипп

кашель

# Say what problems you might have...

- if you eat too fast?
- if you eat a lot of sweets and chocolate?
- if you don't eat fruit and vegetables?
- if you get wet (промокли) on a cold day?
- if you neighbours make much noise?
- if you play football / badminton?
- if you fall down?

**a sore throat**

**a toothache**

**a cough**

**a sore eyes**

**a backache**

**a cold**

**a sore finger**

**a runny nose**


**flu**

**a stomachache**

# Рефлексия

1. What was interesting at the lessons?
2. What did you learn at the lesson?
3. What would you like to know?





**write your homework  
for the next lesson  
ex. 14 p.121**