# Keep fit and healthy





### PROVERBS ABOUT HEALTH

#### AN APPLE A DAY KEEPS THE DOCTOR AWAY

A SOUND MIND IN A SOUND BODY

**HEALTH IS BETTER THAN WEALTH** 

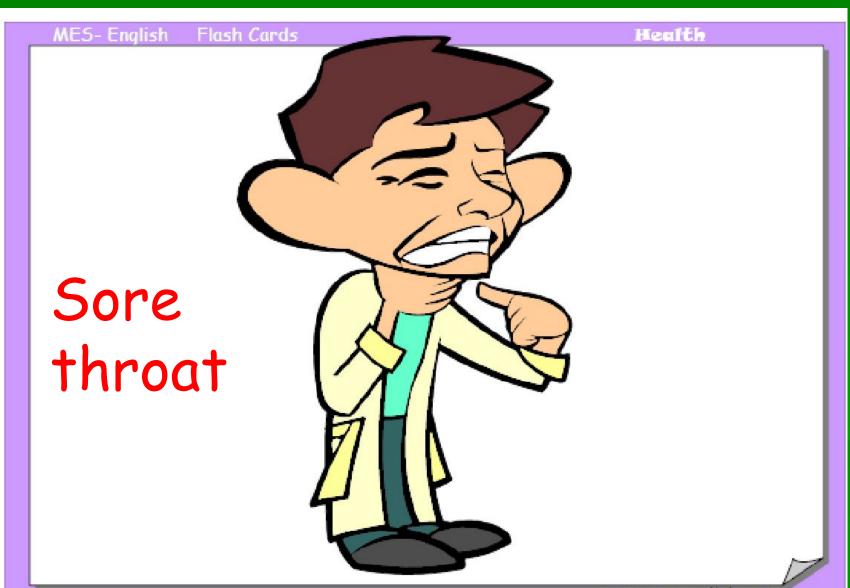
## What's the matter?



He/She has...(a cold)







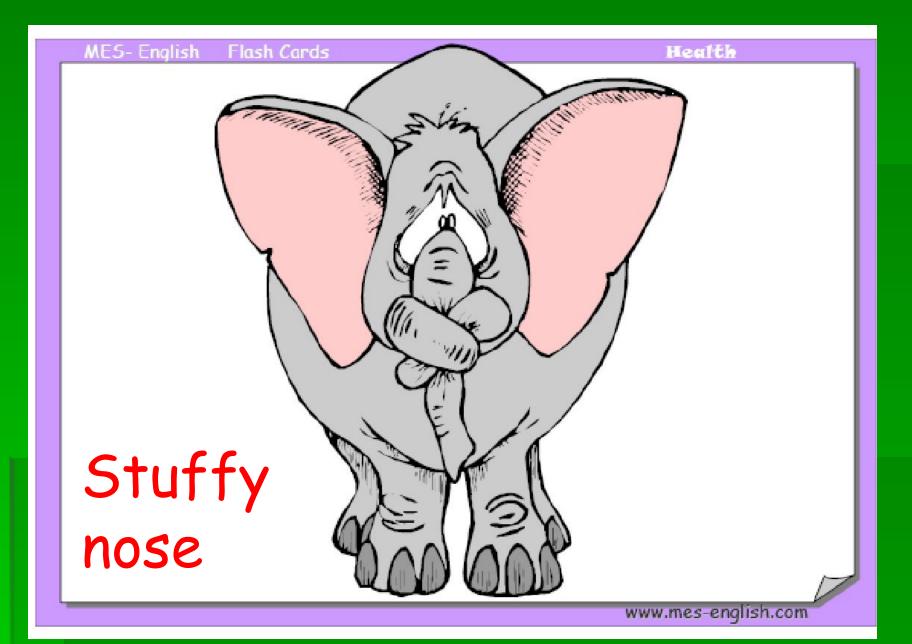
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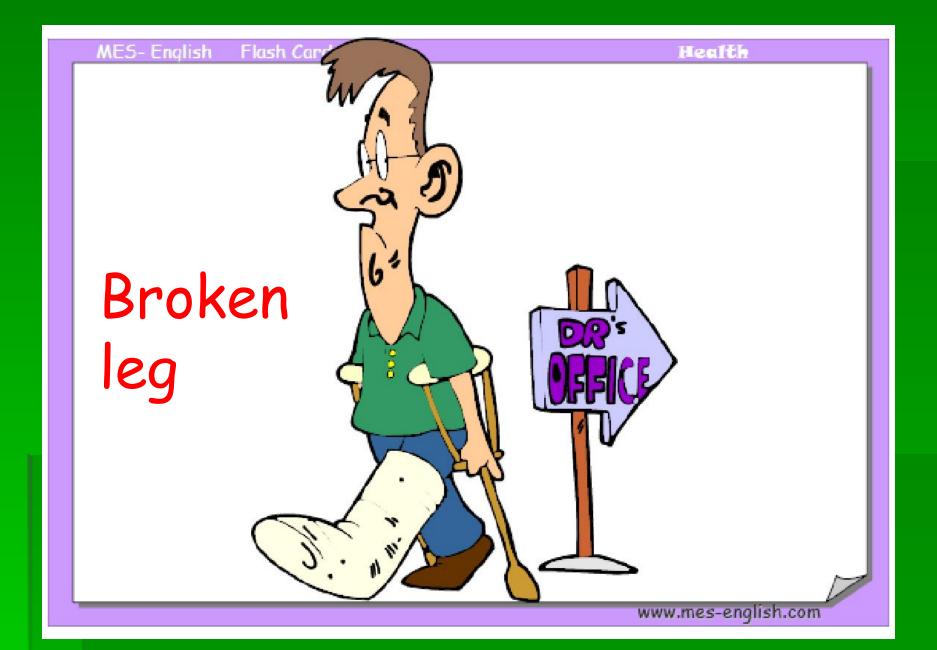


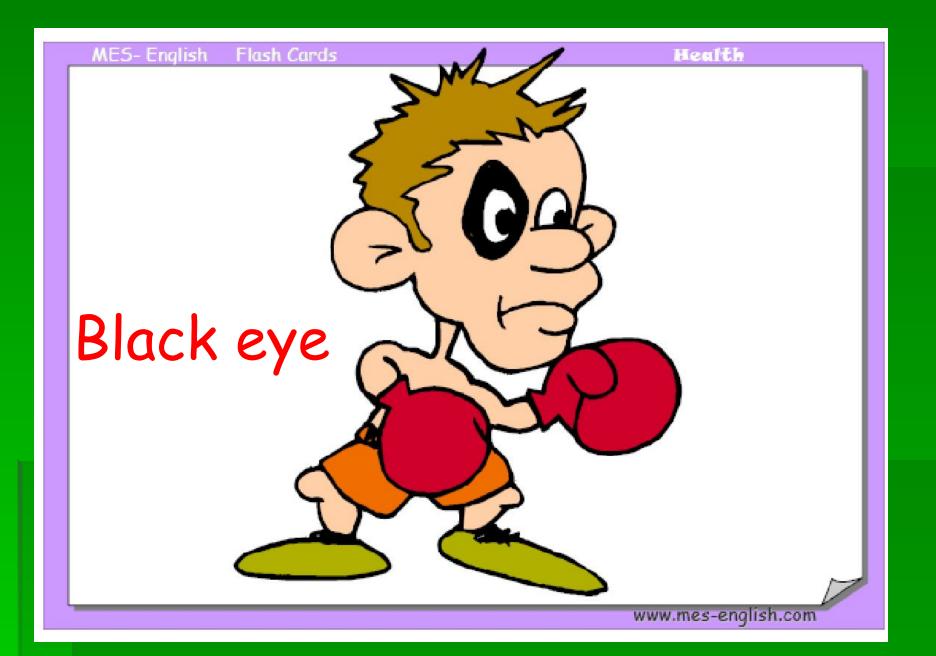












#### Sort these words into the columns

(Распредели эти слова по колонкам)

Aspirin, high temperature, nose drops, a cold, cough, cough syrup, flu, a sore throat, to be pale, headache, tablets, toothache, milk with honey

Disease	Medicine	Symptoms

## Sort these words into the columns (Распредели эти слова по колонкам)

Disease	Medicine	Symptoms
a cold	aspirin nose drops	high temperature
flu a sore throat	cough syrup tablets	cough to be pale
toothache	milk with honey	headache

Problem	Treatment
a cold	keep warm, drink tea with lemon
a broken leg	put a bandage on it
a sore throat	drink hot milk with baking soda
a burn	put your arm under cold running water
a small cut	wash and put plaster on it
a bad cut	call the doctor