### Food and Health.



#### Write the words in three columns.

• Tomato, cucumber, orange, cornflakes, cheese, milk, apple, juice, sugar, butter, ham, eggs, coke, tea, bananas, coffee, mineral water, yogurt, pears.

Drinks.	Vegetables.	Fruits.	Others.

# Let us continue warming up our vocabulary.

• Вкуснотища-very good!!!!пищу называют-food.



• Это вовсе не каприз,сыр мы

называ



• Мясо жарится, шкварчит, мясо по-

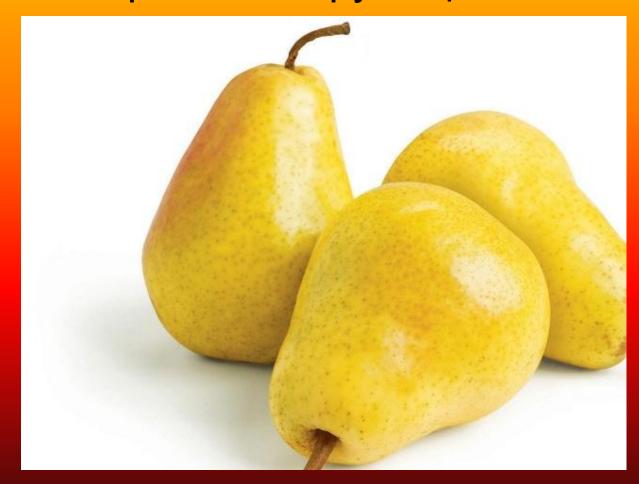
английски-



• Арбуз предпочитаю сливам, арбуз иначе-water-melon.



• Узнали все впервые,что груша-реаг.



• Масло надо всем ребятам. Масло поанглийски-butter.



• Без соли борщ не лезет рот, соль поанглийски-salt.



• Ведро воды не принесете?Вода,водичка будет-water.



• Слива тут и слива там, слива поанглийски-plum.



• Виноград мы сьели весь.Виноград иначе-grapes.



#### Answer my questions.

- Do you like milk?
- What time do you have lunch?
- Did you have salad yesterday?
- How much sweets do you usually eat a day?
- What is your favourite food?



### Healthy and unhealthy food.

 Words: bread, butter,meat,suger,sweets,fruit,chips,vegetables

Keep your healthy.	Give you energy.	Help you to grow and make strong.	Empty food.

# Read the statements and say T(true)or F(false).

- All foods are good for you.
- Vitamins and minerals help you to keep healthy.
- Fruit and vegetables are full or suger and fat.
- Sweets, chips and coke keep you healthy.
- YOU SHOULD EAT A VARIETY OF FOODS TO STAY HEALTHY AND GROW BIG AND STRONG.